COMMUNITY HEALTH IMPROVEMENT PLAN JEFFERSON COUNTY, ALABAMA WORK PLAN NOVEMBER 2014 - NOVEMBER 2019



Strategic Issue 1: Reduce Health Disparities Associated with Race, Ethnicity and Economic Status

Goal 1. Decrease the percentage of households living at less than the 200% Federal Poverty Level (FPL) from 35.8% to 30% by November 2019. Data Source **Baseline Status** Long-Term Target 2017 Status 2018 Status US Census Bureau: Small Area 35.8% of the population live at less than 200% 30% of the population 36.2% of the population live at less than 200% FPL (ACS Indicators of Poverty and FPL live at less than 200% 2015) Economics FPL Strategy 1. Create economic development opportunities in the areas of Jefferson County with the highest poverty levels by November 2019. Tactics/Activities Performance Measures Target Date Lead Partner(s) November 2016 - April 2017 May 2017 - October 2017 1. Expand employment Number of GED completions November 2019 **Bold Goals Coalition** The Bold Goals Financial Services Network is re-The Bold Goals Financial Services Network continued to opportunities for low-skilled Number of work certifications of Central Alabama, evaluating its metrics; however, General Education align community resources for providing residents the opportunity to achieve financial stability. As part of this workers and implement Birmingham Urban Degree (GED) completion and credits toward GED obtained additional strategies to assist in League, Innovate completion obtained may remain as tracked indicators. initiative, the Financial Stability Network (FSN) added creating financial stability for **Birmingham Regional** The Bold Goals Coalition is implementing an overarching four representatives from the banking industry as Jefferson County residents. goal focused on affordable housing obtained or members of the Financial Stability Network. Through the Workforce Partnership maintained. Bold Goal's FSN, the Individual Development Account (IDA) program assisted lower-income individuals achieve financial independence through financial skill development, financial coaching, training, and a matched incentive for saving earned income. The Innovate Birmingham Regional Partnership, with support from a six million dollar grant from the U.S. Department of Labor, initiated training of young adults, ages 17 to 26, in information technology and related skills. This training is provides industry-specific skills to young adults and is expected to result in 925 high-paying jobs for Birmingham area residents. 2. Promote collaborations with Number of ex-offenders November 2019 Alabama Arise The City of Birmingham eliminated questions related to On May 11, 2017, the Alabama Senate approved a "Ban the re-entry programs through a employed City of Birmingham criminal history on its job applications. In May, the Box" bill prohibiting state agencies from asking job Alabama Senate passed Bill SB 200 prohibiting state applicants about his/her criminal history until a "Ban the Box" campaign Number of campaign ads agencies from asking job applicants for criminal histories conditional job offer is made. The 2017 Alabama pending a conditional job offer. SB 200 stalled in the Legislative Session ended prior to the Alabama House of House of Representatives. Representatives acting on the bill. 3. Identify a coalition to Coalition membership Alabama Coalition for Completed. Two pending lawsuits seeking to strike down Completed. In February 2017, U.S. District Judge David November 2019 R. Proctor dismissal a 2016 lawsuit filed by the Alabama support an increase in the Coalition meeting minutes Economic Equality the State of Alabama law preventing municipalities within minimum wage the state from raising the minimum wage remain National Association for the Advancement of Colored unresolved. People and Greater Birmingham Ministries challenging an Alabama law prohibiting municipalities from establishing minimum wages other than the state's minimum wage. The Alabama National Association for the Advancement of Colored People and Greater Birmingham Ministries responded by filing an appeal for reconsideration of Judge Proctor's decision. The Southern Poverty Law Center, the National Association of Colored People's Defense and Educational Fund, and the National Partnership for Working families filed amicus briefs in support of

repealing the lawsuit he state law.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|----------------------|---------------------------|--|--|--|
| through the Bold Goals Coalition of Central Alabama to improve high school graduation rates and college and career readiness through actions such as mentoring and tutoring, expanded access to quality pre- kindergarten programs and increased access to quality summer learning opportunities | 0 | April 2015 and ongoing | Bold Goals Coalition of Central Alabama | Completed and ongoing. The Bold Goals Coalition launched a new workforce network under the education banner to track the degrees and credentials obtained by the general population. A study will be commissioned to analyze workforce needs by industry and the job skills required to fill the specific jobs. | Completed and ongoing. Through Bold Goals Education's Expanding Pre-K Access project and its Early Learning Action Network, 17 new Alabama First Class Pre-K classrooms were added in Jefferson County. The addition of these classroom resulted from grant-writing workshops, budget training, classroom assessments, technical coaching and rigorous application review provided by partners in the Expanding Pre-K Access Project. Alabama Possible's "Cash for College" program, with support from collaborating partners, increased the percentage of Alabama high school seniors completing Free Application for Federal Student Aid (FAFSA) applications by over 14.4% in 2017 from 2016. |

Goal 2. Reduce the percentage of Jefferson County residents experiencing food insecurity from 18.3% to 17.4% by November 2019.

| Data Source | Baseline Status | Short-Term | Long-Term Target | 2017 Status | 2018 Status |
|--------------------------------|--------------------------------|------------|------------------------|---|-------------|
| | | Target | | | |
| The Joint Center for Political | 41 of 147 (28%) Jefferson | | 22.8% of Jefferson | No updated data is available through the Joint Center for | |
| and Economic Studies: Place | County census tracts are | | County residents | Political and Economic Studies. | |
| Matters for the Health in | designated as food deserts | | reside in food deserts | | |
| Jefferson County: Food Deserts | 159,340 residents of Jefferson | | | | |
| | County, 24%, reside in food | | | | |
| | deserts | | | | |
| USDA, Feeding America: Food | 18.3% of Jefferson County | | 17.4% of the | Food insecurity impacts 19.4% of Jefferson County | |
| Insecurity | residents experience food | | Jefferson County | residents per Feeding America based on 2015 data. | |
| | insecurity | | population is food | | |
| | | | insecure | | |
| Supplemental Nutrition | 15.6% of the Jefferson County | | 16.6% of the | 15.3% of the Jefferson County households are enrolled in | |
| Assistance Program (SNAP) | households are enrolled in | | Jefferson County | SNAP (2015 data) | |
| Enrollment | SNAP (Food Stamp Program) | | population is enrolled | | |
| | | | in SNAP (Food Stamp | | |
| | | | Program) | | |

Strategy 1. Increase participation in the Supplemental Nutrition Assistance Program (SNAP or Food Stamp Program) from 15.8% to 16.6% by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|--|---|--|---|
| 1. Provide SNAP enrollment education to low-income residents | 1 0 | Ongoing through November 2019 | Bank of Central Alabama, Bay Area Food Bank, Mid- South Transdisciplinary Collaborative Center for Health Disparities Research, AARP | Completed and ongoing. The Supplemental Nutrition Assistance Program's (SNAP) Outreach Team conducted 53 educational outreach events, distributed 700 SNAP applications and reached 2,167 individuals resulting in 198 submitted SNAP applications. The AARP Foundation supports a SNAP Coordinator position and funded advertising for a 1-800 number providing SNAP enrollment information. In December 2016, the SNAP Outreach Team expanded its Benefits Enrollment Center to include Jefferson County. The Benefits Enrollment Center provides senior residents assistance in navigating the SNAP application. | Completed and ongoing. The Supplemental Nutrition Assistance Program's (SNAP) Outreach Team conducted 76 educational outreach events and distributed 852 SNAP applications reaching 2,467 individuals; these activities resulted in 232 submitted SNAP applications. The Benefits Enrollment Center, provided by the SNAP Outreach Team, continued to assist Jefferson County's senior citizens in navigating multiple applications for resources. New agencies collaborating with the Community Food Bank are provided access to the SNAP enrollment team and receive a SNAP information packet. |
| 2. Increase the number of Farmer's Markets offering an incentive for the purchase of fresh fruits and vegetables to SNAP recipients buying fresh fruits and vegetables using SNAP benefits at participating markets | Number of Farmer's Markets providing the defined incentive | By December 2015, three Farmer's Markets will provide the defined incentive with seven Farmer Markets providing the defined incentive by November 2019 | Bank of Central Alabama, Healthy Food Choices Priority Group, Mid-South Transdisciplinary | program during 2017: Pepper Place, East Lake Farmer's Market and the Bessemer Farmer's Market. The Public Health Advised Fund of the Community Foundation of Greater Birmingham established funding to support the | During the 2017 growing season, the Double Bucks/Double Up Bucks program was provided at the Bessemer (two sites), East Lake and Pepper Place Farmer's markets. The Jefferson County Department of Health's Public Health Advised Fund approved funding for additional Jefferson County farmer's markets to support Double Up Bucks programs. |

Strategy 1. Increase participation in the Supplemental Nutrition Assistance Program (SNAP or Food Stamp Program) from 15.8% to 16.6% by November 2019. (continued)

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|---------------|---|--|--|
| Tactics/Activities | remonance measures | Target Date | Leau Farther(s) | November 2010 - April 2017 | May 2017 - October 2017 |
| 3. Promote food-related small business creation and expansion through technical assistance | Number of instances of business assistance | November 2019 | REV Birmingham's Urban Food Project, PEER, Inc. | 1.0 Workshops continue on a monthly basis, and CO- STARTERS, conducted in partnership with CREATE Birmingham, provide business development support. REV Birmingham offers restaurant related concepts with an opportunity to compete for a short-term lease in the | Completed and ongoing. REV Birmingham's Urban Food Project continued provision of technical assistance for food-related small-business creation. Initial discussion were initiated regarding supporting healthy eating in childcare centers through the Urban Food Project. REV Birmingham continued to provide a food business accelerator through the REVeal Kitchen at the Pizitz Food Hall. |
| 4. Advocate for policy and process simplification to reduce barriers in the creation and expansion of food-related businesses | Adoption of revised policies and procedures related to the creation and expansion of food- related businesses | November 2019 | REV Birmingham's Urban Food Project | | REV Birmingham provides advocacy for food-related policies as needed. |

Strategy 2. Increase the distribution of locally grown foods by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|---|--|---|---|
| | | _ | | - | |
| 1. Increase the production of locally grown foods by promoting the benefits of community gardens | Number of programs Number of participants Number of new gardens | November 2019 | Christian Service Mission, AARP, Community Garden Coalition of Birmingham, Norwood Learning Garden | Completed and ongoing. The Christian Service Mission is increasing food production capacity at its existing seven gardens by adding garden beds. The Christian Service Mission provides aquaponics and hydroponics to support its community gardens and teaching program. | Completed and ongoing. The Christian Service Ministry maintained six community gardens during 2017 and enhanced production at those sites by 323 pounds (16%). |
| 2. Create a Community Garden Resource Directory or Toolkit | Documentation of distribution of the Directory or Toolkit | November 2019 | Christian Service Mission, Community Garden Coalition of Birmingham | Christian Service Mission is testing its <u>Garden Resource</u> <u>Toolkit</u> and anticipates completion of the <u>Garden</u> <u>Resource Directory and Toolkit</u> by August 2017. | Completion of the Community Garden Resource Toolkit has been delayed and may deleted as a tactic at the next review. |
| 3. Increase the number of community gardens to increase population reach | Number of community gardens | Increase the number of Christian Service Mission sponsored community gardens from six to ten by December 2015 and increase the number of gardens to 12 by December 2016 | Christian Service Mission, Community Garden Coalition of Birmingham | The Christian Service Mission's (CSM) seven gardens and will increase capacity in 2017 by increasing garden beds by 20% rather than adding gardens. | Although the Christian Service Mission did not add gardens in 2017, it increased the number of garden beds at existing gardens by more than 20%, resulting in increased food production. |

Strategy 2. Increase the distribution of locally grown foods by November 2019. (continued)

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--------------------------------|-----------------|---------------------|--|--|
| | | | | | |
| Increase the number of | Number of farmers in the | November 2015 - | REV Birmingham 's | Completed and ongoing. REV Birmingham has 67 food- | Completed and ongoing. REV Birmingham has 67 food- |
| Alabama producers selling | Farmer Network | Increase the | Urban Food Project, | related businesses purchasing fresh produce through its | related businesses purchasing fresh produce through the |
| locally grown produce in the | [Baseline: 20 farmers are in | number of | Racial and Ethnic | Urban Food Project. Clients included nine corner stores, | Urban Food Project. Clients include eight corner stores, |
| Birmingham Metro area | REV Birmingham's Farmer | farmers in REV | Approaches to | three large wholesale food distributors, three large | three large wholesale food distributors, three large |
| _ | Network] | Birmingham's | Community Health | grocers, 50 restaurants and other non-profit | grocers, 50 restaurants and other non-profit |
| | | Farmer Network | (REACH) | organizations. | organizations. |
| | | to 30 | | | |
| | | | | | |
| | | | | | |

Strategy 3. Increase the number of food retailers in low-income food desert areas in Birmingham purchasing fresh produce through the Urban Food Project's distribution system from 3 food retailers to 10 food retailers by December 2015.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|-----------------------------|-------------|---|--|---|
| 1. Engage and recruit food retailers in the Urban Food Project's distribution system | Number of engaged retailers | | Urban Food Project, Racial and Ethnic Approaches to | Project increased the number of producers selling fresh produce to 50. Producers include small conventional farmers, organic cooperatives, hydroponic growers, new/beginning farmers, urban farms and community | Completed and ongoing. REV Birmingham's Urban Food Project increased the number of producers selling fresh produce to 50. Producers included small conventional farmers, organic cooperatives, hydroponic growers, new/beginning farmers, urban farms and community gardens. |

Strategy 4. Decrease the percentage of Jefferson County census tracts considered food deserts from the baseline of 28% to 26.6% by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|------------------------------|--|----------------------------|---|
| 1. Utilize mobile markets and food pantries to provide fresh fruit and vegetable access in census tracts considered to be food deserts. (Added October 2017) | Number of census tracts identified as food deserts or with poor access to fresh fruits and vegetables served by mobile food markets and food pantries. | December 2018 and ongoing | Community Food Bank of Central Alabama, PEER, Inc. | | The Community Food Bank of Central Alabama's Corner Food Market, a mobile grocery store offering a variety of foods, including fresh fruits and vegetables, accepts Supplement Nutrition Assistance Program (SNAP) benefits and currently serves Pratt City and Tarrant. PEER Inc.'s mobile market predominantly serves locations in eastern Jefferson County, but makes stops at three of the Jefferson County Department of Health's Health Centers. PEER Inc.'s mobile market accepts SNAP benefits and Double Up Bucks. Additionally, the Community Food Bank of Central Alabama maintains a food pantry in Tarrant. |

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--------------------------|--|----------------------|--|-----------------------|-------------|
| Life Expectancy | Mean life expectancy for the white and black populations [Baseline life expectancy for the white population is 76.9 years and 73.2 years for the black population] | | Reduce the disparity in life expectancy between the black and white populations by 5% to no more than 3.5 years by 2019 | Data expected in 2018 | |
| Infant Mortality Rates | Infant mortality rates for the white and black populations [Baseline infant mortality rate is 4.3 per 1,000 live births for the white population and 15.5 per 1,000 live births for the black population] | | Reduce the variance in infant mortality rates between the black and white populations from 11.2 live births per 1,000 to 10.6 live births per 1,000 | Data expected in 2018 | |
| Hypertension Rates | Hypertension Rate(s) [Baseline self-reported hypertension rate is 37.9% of Jefferson County's adult population, lower than the actual prevalence] | | 39.8% of the Jefferson County's adult population report a diagnosis of hypertension | Data expected in 2018 | |
| Diabetes Mortality Rates | Diabetes mortality rate for the white and black populations [Baseline Diabetes mortality rate for the white population is 15.6 per 100,000 population and 40.5 per 100,000 population for the black population] | | Reduce the rate of disparity in diabetes mortality rates between the black and white populations by 5% from baseline | Data expected in 2018 | |

Goal 3. Reduce the current disparity in life expectancy between the white and black populations by 5% by November 2019

Strategy 1. Increase public and provider awareness of the need to address inequity in health outcomes and healthcare delivery by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|-------------------------------------|--|--|---|
| 1. Increase understanding of the social determinants of health among policy makers, community leaders and economic developers through education and other tools | Number of programs Number of program participants | Ongoing through November 2019 | The University of Alabama at Birmingham's Division of Preventive Medicine, Jefferson County Collaborative Team, UAB School of Public Health, the Jefferson County Health Action Partnership's Advancing Health Equity Priority Group | Completed and ongoing. The Health Action Partnership of Jefferson County presented its Health Equity Orientation to 78 individuals. Seven Jefferson County Collaborative for Health Equity team members participated in Equity, Diversity, and Inclusion Train-the-Trainer sessions provided by Common Health Action. This training enhanced knowledge and skills in equity, diversity, and inclusion concepts for enabling local organizations to implement equitable policies, programs and practices. | Completed and Ongoing. The Health Action Partnership of Jefferson County presented its Health Equity Orientation, which includes the social determinants of health, to 276 individuals during this review period. Advanced training in health equity and on the social determinants of health was received by seven Jefferson County Collaborative for Health Equity team members through the Equity, Diversity, and Inclusion Train-the- Trainer program provided by Common Health Action. Through enhanced knowledge and skill in equity, diversit and inclusion concepts, the Jefferson County Collaborative for Health Equity's ability to assist local organizations in implementing equitable policies, programs and practices was enhanced. On May 23, 2017 seven Health Equity Scholars within the UAB School of Medicine received education on the social determinants of health through a Social Determinants of Health Tour. internal Medicine residents from the UAB School of Dentistry residents received social determinants of health training provided through the Jefferson County Collaborative for Health Equity. |
| 2. Promote racial and ethnic diversity in the health care professional workforce by increasing the diversity of students entering the UAB School of Medicine | Number of minority medical school students enrolled and the percentage of enrolled medical school students from racial and ethnic minorities | Ongoing through November 2019 | UAB School of Medicine; UAB School of Medicine's Internal Medicine Residency Program | Completed and ongoing. Over twenty-two percent of the UAB School of Medicine's 2016-2017 class represented racial minorities, and 1.5 percent are of Hispanic or Latino decent. | Completed and ongoing. UAB School of Medicine's 2017- 2018 incoming class includes 29 students from populations underrepresented in medicine (UrIM), the highest number of UrIM students of any class in the UAB School of Medicine's history. Over thirty-eight percent of the UAB School of Medicine's 2017-2018 class represent racial minorities, and four percent are of Hispanic or Latino decent. |
| 3. Educate the public and health care providers on the root causes of health care disparities and corrective strategies to reduce these disparities | Number of programs Number of participants Pre and post-education behavioral surveys | November 2019 | The University of Alabama at Birmingham's Division of Preventive Medicine, Jefferson County Collaborative for Health Equity, Jefferson County Department of Health, Birth Well Partners | The Health Action Partnership of Jefferson County presented its Health Equity Orientation to 78 individuals. Seven Jefferson County Collaborative for Health Equity team members participated in Equity, Diversity, and Inclusion Train-the-Trainer sessions provided by Common Health Action. This training enhanced knowledge and skills in equity, diversity, and inclusion concepts for enabling local organizations to implement equitable policies, programs and practices. | The Health Action Partnership of Jefferson County presented its Health Equity Orientation, which includes the social determinants of health, to 276 individuals during this review period, including a presentation to the UAB Department of Pediatrics through Pediatric Grand Rounds. The Jefferson County Collaborative for Health Equity provided its Equity, Inclusion and Diversity Training to Jones Valley Teaching Farm staff in June 201 and is scheduled to provide this training to the Jefferson County Department of Health's Leadership Team in January 2018. The Equity, Inclusion and Diversity training assists organizations in considering environmental and policy strategies needed for improving health equity. |

| Factics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|----------------------|-------------------------------------|--|----------------------------|--|
| . Provide education on regular prenatal care, breastfeeding, woiding smoke exposure, social upport services and home- isiting programs to improve prenatal and infant health with focus on reducing the rate of infant mortality among black infants and the promotion of atherhood activities | Mortality Rate | Ongoing through November 2019 | Birmingham Healthy Start Plus, Inc. BirthWell Partners, UAB School of Nursing, Jefferson County Department of Health | | Completed and ongoing. "From Day One," a program educating and providing support to low-income, first-tim pregnant women to reduce the risk factors associated wit poor maternal and child health outcomes, was launched by the Jefferson County Department of Health in October 2017. The UAB School of Nursing initiated the Nurse Family Partnership in late summer 2017, with two nurses and a program coordinator. The Nurse Family Partnership provides intensive educational and support services to first time pregnant women in areas with the highest rates of infant mortality. Birmingham Healthy Start Plus, Inc. provided supportive services to over 1,100 prenatal clients through prenatal education, comprehensive home visits, health screening, trauma- informed care and breastfeeding support. Birmingham Healthy Start Plus, Inc. received a March of Dimes to promote birth spacing for an additional 100 clients outside the Birmingham Healthy Start Plus, Inc. service areas of Bessemer, Birmingham and Fairfield. Additionally, Birmingham Healthy Start Plus, Inc. continued to provide safe sleep education and support. BirthWell Partners provided breastfeeding education and support for its clients resulting in a 100% breastfeeding initiation rate. The Jefferson County Department of Health convened local partners involved in work to reduc infant mortality in July 2017 to begin discussion of strategies to coordinate services and share data. As one outcome of this convening, the UAB School of Public Health is mapped service provision to identify gaps in access to prenatal care and intervention. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|--|--|---|---|
| 2. Provide education concerning nutrition during pregnancy, signs of preterm labor, the labor process and breastfeeding initiation through childbirth education programs | Number of education programs Number of education program participants Breastfeeding Initiation Rate | Ongoing through November 2019 | BirthWell Partners. UAB School of Nursing, JCDH Nurse Family Partnership, Jefferson County Department of Health | Completed and ongoing. Birth Well Partners' doulas provided phone and in-person support for 31 pregnant women and attended 21 births in Jefferson County. Services included prenatal and postpartum support and education. Breastfeeding was initiated for all deliveries for which data were available, and all the mothers were breastfeeding at discharge. Birth Well Partners provided seven childbirth classes for parents in the Jefferson County Committee for Economic Opportunity's (JCCEO) Early Head Start Program and five classes for high school students at Woodlawn. Additionally, Birth Well Partners conducted a Perinatal Health Advocate Training in April 2017 for ten community health workers. | Completed and ongoing. "From Day One," a program educating and providing support to low-income, first-tim pregnant women to reduce the risk factors associated wit poor maternal and child health outcomes, was launched by the Jefferson County Department of Health in October 2017. The UAB School of Nursing initiated the Nurse Family Partnership in late summer 2017, with two nurses and a program coordinator. The Nurse Family Partnership provides intensive educational and support services to first time pregnant women in areas with the highest rates of infant mortality. Birmingham Healthy Start Plus, Inc. provided supportive services to over 1,100 prenatal clients through prenatal education, comprehensive home visits, health screening, trauma- informed care and breastfeeding support. Birmingham Health Start March of Dimes and Birmingham Healthy Start Plus, Inc. received a March of Dimes to promote birth spacing for additional 100 clients beyond the Birmingham Healthy Start Plus, Inc. service area of Bessemer, Birmingham and Fairfield. Additionally, Birmingham Healthy Start Plus, Inc. continued to provid safe sleep education and support. BirthWell Partners continued to provide prenatal and breastfeeding education to 41 families through its doulas. |
| 3. Secure funding to conduct marketing campaigns to inform families about pregnancy complication warning signs, infant death risks (sleep recommendations) and actions to reduce infant mortality | Number of Applications/Request for Proposals submitted and funded | Ongoing through November 2019 | Birmingham Healthy Start Plus. Inc. | Completed and ongoing. Birmingham Healthy Start Plus, Inc. (BHSPI) continued to receive funding for the Healthy Start Initiative through the Health Resources and Services Administration and received a mini-grant for improving safe sleep awareness and practices. BHSPI applied for March of Dimes funding to implement a birth spacing project. BHSPI raised awareness of maternal and infant health issues and initiatives by participating in fifteen health fairs and community events reaching over 20,000 residents. | Completed and ongoing. The Baby Box program, which promotes safe sleep practices, launched in Jefferson County as is being promoted through social media. Birmingham Health Start Plus, Inc. sponsored radio- based marketing campaigns on safe sleep and provided education on strategies to reduce infant mortality through the RESPECT Back-to-School Rally in Birmingham and during various community and church events. Birmingham Healthy Start Plus, Inc. provided prenatal education and information on reducing infant mortality to over 20,000 Jefferson County residents during 2017. |
| 4. Increase breastfeeding initiation by mothers of infants in the Jefferson County WIC Program through WIC's Peer Breastfeeding Support Program | Breastfeeding Initiation Rate [Baseline Breastfeeding Initiation Rate is 16.4% for mothers of Jefferson County WIC infants] Number of Peer Counseling Contacts | November 2015 - 25% Breastfeeding Initiation Rate November 2016 - 50% Breastfeeding Initiation Rate | Jefferson County WIC Program | The Jefferson County WIC Program did not provide peer breastfeeding counseling to clients during this period. However, the Jefferson County Board of Health approved contracts for hiring two Breastfeeding Peer Counselors in April 2017. | The Jefferson County WIC Program's Breastfeeding Peer Coordinator provided education and support to pregnant women encouraging breastfeeding initiation among pregnant women receiving WIC benefits. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|---|--|--|---|
| 5. Rebrand the existing Nurturing Mothers Program to support initiation and continuation of breastfeeding among high-risk prenatal and nursing mothers | Initiation Rate is 16.4% for | January 2015 and ongoing through November 2019 | Nurturing Mothers Community Support Group, Baby Café | Obstetrical Complication Clinic. Brookwood Baptist | Completed. The Nurturing Mother's Program continued to meet every first and third Thursday at the UAB Obstetrical Complication Clinic. Brookwood Baptist Health provided breastfeeding support groups throughout Jefferson County, including the Baby Café. |
| 6. Collect, pasteurize and dispense human donor milk from Alabama mothers to regional hospitals through the Mothers' Milk Bank of Alabama | [Baseline: The baseline is being established for this | Ongoing through November 2019 | Community Food Bank of Central Alabama; Mother's Milk Bank of Alabama | Completed and ongoing. The Mother's Milk Bank of Alabama collected 37,504 ounces of breastmilk donated by 50 women. The number of milk depots in Alabama increased to twelve. | Completed and ongoing. The Mother's Milk Bank of Alabama collected, through twelve milk depots, and distributed human donor breastmilk to fifteen Alabama hospitals. More than 100,000 ounces of donor milk was collected and more than 50,000 ounces was distributed. The program's continued to focus on supplying breastmilk for hospitalized high-risk infants, but initiated limited distribution to high-risk infants in the outpatient setting. |

Strategy 3. Increase the percentage of Jefferson County residents reporting hypertension by 5% from 37.9% to 39.8% by November 2019 to better reflect actual disease prevalence.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|-------------------------------------|---|--|---|
| 1. Create learning opportunities and workshops to facilitate improvements in provider, public health and community coordination of hypertension- related care across settings | Number of health screenings Number of exercise classes/walking programs Number of community health and wellness groups | Ongoing through November 2019 | The University of Alabama at Birmingham's Division of Preventive Medicine, YMCA of Greater Birmingham, Jefferson County Department of Health, The Health Action Partnership of Jefferson County | intervention for the 35211 zip code. The Jefferson County Department of Health and Cahaba Medical Care are planning hypertension screenings in the 35211 zip code for late summer and fall. | The YMCA of Greater Birmingham provided its self- monitored blood pressure program at four YMCA branch locations. With funding from the United Way of Central Alabama, the Jefferson County Department of Health conducted a community convening in the 35211 zip code following stakeholder meetings to identify community preferences for interventions to increase blood pressure monitoring and control. A grant application to the United Way of Central Alabama for funds to support medication education to improve the control of hypertension, as recommended during the community convening, was submitted in September 2017. Additionally, the Jefferson County Department of Health approved funding for education and support for improving blood pressure management using community health workers. In support of improving hypertension-related care, the Graduate Nurse Practitioner Training Program established by the Jefferson County Department of Health provided hands- on experience in hypertension and other chronic disease management in a variety of settings and in collaboration with multiple healthcare team members. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|-------------------------------------|--|--|--|
| 1. Increase behaviors that decrease the risk of progression from Pre-Diabetes to Diabetes | Number of health screenings Number of exercise classes/walking programs For the Pre-Diabetes Program led by the McWhorter School of Pharmacy: Changes in program participant's weight | Ongoing through November 2019 | The University of Alabama at Birmingham's Division of Preventive Medicine, Samford University's McWhorter School of Pharmacy, YMCA of Greater Birmingham, Jefferson County Department of Health, Christ Health Center, Alabama Quality Assurance Foundation, Alabama Regional Medical Services | Fifty-one individuals were identified as eligible for the Pre- diabetes Clinic at the Jefferson County Department of Health; among these, 28 attended at least one clinic session. Less than ten percent of the pre-diabetes patients participating in the clinic progressed to diabetes. | The Jefferson County Collaborative completed a three- year educational intervention to reduce the percent of individuals with pre-diabetes progressing to diabetes through weight loss. The Jefferson County Department o Health (JCDH) continued to provide its Pre-Diabetes Clinic at three health centers and reported a diabetes conversion rate of less than 10%. The JCDH Pre-diabetes Clinic expanded to accept referrals from the JCDH Pediatric Clinics. Alabama Regional Medical Center provided education on pre-diabetes and diabetes. The Alabama Quality Assurance Foundation's (AQAF) four certified peer diabetes educators provided pre-diabetes and diabetes self-management education (DSME) to Jefferson County residents and provided training for health educators and community health workers on its DSME curriculum. |
| 2. Implement an effective case management strategy that involves planning, coordinating, and providing health care for people affected by Diabetes | Number of programs Number of participants Program evaluation results | Ongoing through November 2019 | The University of Alabama at Birmingham's Division of Preventive Medicine, Jefferson County Department of Health, Alabama Quality Assurance Foundation (AQAF) | The Alabama Quality Assurance Foundation's diabetes education program continues throughout the state and targets minorities and persons with lower socioeconomic status and diabetes. Four series of diabetes education classes have been conducted in Jefferson County. The Jefferson County Department of Health's American Association of Diabetes Educator's accredited Diabetes Clinic continued to enroll participants. | The Alabama Quality Assurance Foundation provided its diabetes self-management education at three sites within Jefferson County. The Jefferson County Department of Health's American Association of Diabetes Educator (AADE) accredited DSME program continued to enroll patients during this reporting period. |

Strategy 5. Develop and implement strategies for reducing for reducing health disparities experienced by Hispanic and other minority populations by November 2016.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---------------------------------|--|---------------|--------------------------------|---|--|
| strategy to collect and analyze | Data collection strategies developed Data sets created Analysis of data | November 2016 | UAB School of Public Health | Completed. See April 2016 update for details. | Completed; see April 2016 report for details. During the La Fiesta event on September 30, 2017, the Jefferson County Department of Health (JCDH) surveyed attendees to identify barriers to the utilization of JCDH's sexually transmitted disease assessment and treatment among the Hispanic/Latino population. |

Strategic Issue 2: Promote Physical Well-being through Healthy Lifestyles

Goal 1. Reduce the percentage of Jefferson County residents who are obese based on the Centers for Disease Control and Prevention's Body Mass Index definition of 30.0 or greater for adults and 95th percentile or greater for children: A. Decrease the percentage of obese Jefferson County adults from 34.8 to 33.0% by November 1, 2019 and B. Decrease the percentage of obese Jefferson County children 21.2% to 20.1% by November 1, 2019.

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--|--------------------------------|---|--|---|-------------|
| | adults self-report being obese | 33.9% of Jefferson County adults self- report being obese | 33% of Jefferson County adults self-report being obese | Data are expected to be available in Summer 2017 | |
| Jefferson County Department of Health Oral Health Screening Data: Child Obesity Rate | 5 | 21.75% of Jefferson County children are obese | 20.1% of Jefferson County children are obese | Data are no longer being collected through this source. | |

Strategy 1. Increase the availability and access to nutrition education by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|---|--|--|---|
| 1. Support the implementation of evidence-based nutrition education curricula, such as the Coordinated Approach to Child Health (CATCH), in YMCA of Greater Birmingham afterschool programs and summer camp sites | nutrition programs in YMCA of Greater Birmingham summer camps and afterschool programs [Baseline data: zero structured nutrition programs in summer camp program sites and four structured nutrition programs in afterschool programs] | expansion to all YMCA of Greater Birmingham afterschool program sites; Summer 2015: CATCH program implementation at all YMCA of Greater Birmingham summer camp sites | YMCA of Greater Birmingham, Racial and Ethnic Approaches to Community Health (REACH) | | Completed and ongoing. The YMCA of Greater Birmingham, as part of the Racial and Ethnic Approaches to Community Health (REACH) grant, facilitated the implementation of the Coordinated Approach to Child Health (CATCH) curriculum in five churches and two school systems. CATCH curriculum implementation will expand into additional faith-based organizations and schools in 2018. After serving as a CATCH curriculum pilot site in 2017, Phillips Academy joined Norwood Elementary and Inglenook K-8 Schools as regular CATCH curriculum sites. |
| Day C | Annual parent evaluations of Day Camp and Afterschool programming | Beginning May 2015 | YMCA of Greater Birmingham | Completed. The 2017 YMCA of Greater Birmingham's Afterschool Academies and Day Camp evaluations by parents will be completed by August 2017. | Completed. The 2017 evaluations were completed in August 2017. |
| 2. Expand the implementation of the Discover Coordinated Approach to Child Health program (CATCH) from one to four child care centers sponsored by the Levite Jewish Community Center | Number of structured nutrition programs in Levite Jewish Community Center sponsored child care centers | June 2016 | Levite Jewish Community Center, Community Foundation of Greater Birmingham | Completed | Completed. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|---------------|---|---|--|
| 3. Identify and align evidence- based nutrition education among community programs, including afterschool, senior and summer camp programs | Publication of a nutrition education curricula and program resource guides Number of nutrition education programs implemented | November 2019 | AARP, REV Birmingham, Alabama Cooperative Extension Service, Community Food Bank of Central Alabama | Completed and ongoing. The YWCA Family Resource Center in Woodlawn offers a comprehensive nutrition education program, Farm Fresh Cooking, developed by REV Birmingham's Urban Food Project (UFP), AARP Alabama, Ama Shambulia and the Alabama Extension Cooperative System. Additionally, the YWCA Family Resource Center in Woodlawn adopted Farm Fresh Cooking Classes as part of its 2017 "Let's Cook" program. Farm Fresh Cooking is a ¹ / ₂ day, 2-day, 3-week, or 6-week program combining nutrition education, hands-on cooking demonstrations, shared meals and take-home food bags to develop healthy eating habits. | Completed and ongoing. The Community Food Bank of Central Alabama (CFB) collaborated with the Norwood Resource Center and PEER Inc. in providing nutrition education in summer programs and throughout the school year. The CFB developed an assessment of senior food security and food assistance programs targeting seniors that revealed many food insecure senior residen remain unserved by food banks. The CFB, the Providing Access to Healthcare (PATH) Clinic and the Nurse Fami Partnership initiated discussions regarding the administration of a food insecurity screening tool for patients. |
| 4. Increase the implementation of evidence-based nutrition education curricula in out-of- school, community-based afterschool and summer camp programs | Number of children receiving nutrition education curricula Number of sites implementing nutrition education curriculum | November 2019 | YMCA of Greater Birmingham, Racial and Ethnic Approaches to Community Health (REACH), Levite Jewish Community Center | Completed and ongoing. The YMCA of Greater Birmingham (YMCA) discontinued its Afterschool Academies at select Birmingham City School sites. Afterschool Academies continue at YMCA branch locations. The Levite Jewish Community Center continues to use Discover CATCH with children ages 18 months to 4 years at the Cohn Early Childhood Learning Center. | Completed and ongoing. The YMCA of Greater Birmingham (YMCA) continued implementation of the CATCH curriculum through its Afterschool Academies a YMCA branch locations. The Christian Service Mission provided healthy cooking classes, farm and fish hatcher training and nutrition education. The Levite Jewish Community Center continued to utilize the Discover CATCH curriculum. |

Strategy 2. Increase access to healthy food by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---------------------------------|-------------|---|---|--|
| 1. Offer technical assistance on healthy snack and summer feeding distribution systems for 501 c3 childcare and afterschool programs | technical assistance on healthy | June 2016 | United Way of Central Alabama, Community Food Bank of Central Alabama, Community Foundation of Greater Birmingham, Alabama State Department of Education | The United Way of Central Alabama and Community Foundation of Greater Birmingham provided funding to launch or expand summer feeding programs at 12 locations. In addition to funding four grantees, the project also included an evaluation component led by the Samford University School of Public Health. A final evaluation report will be completed in fall 2017. | Completed and ongoing. The United Way of Central Alabama, Bold Goals Coalition, Community Food Bank of Central Alabama and other partners launched a summer meals program for 2017 utilizing a centralized reimbursement and distribution system managed by the Community Food Bank of Central Alabama designed to enable smaller sites to purchase and provide healthy summer meals and snacks. During summer 2017, over 1,100 children were served summer meals including locally grown foods over a ten week period at eight sites. Weekly, the featured locally grown products were provided to children by the Jones Valley Teaching Farm. An evaluation of the 2016 summer feeding program conducted by the Samford University School of Public Health was completed and included recommendations for changes to future meal menus for the program. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|---|--|--|--|
| 2. Explore funding opportunities to sustain and increase the scope of healthy snack and summer feeding distribution systems for 501 c3 childcare and afterschool programs | Number of new agencies working with the Community Food Bank of Central Alabama to purchase snacks meeting the Healthy Eating, Physical Activity (HEPA) standards and Food Service Program (FSP) guidelines | Ongoing through November 2019 | Community Food Bank of Central Alabama, United Way of Central Alabama, Community Foundation of Greater Birmingham | to more nutritious food options. The Community Food | Completed and ongoing. The United Way of Central Alabama, Bold Goals Coalition, Community Food Bank of Central Alabama and other partners launched a summer meals program utilizing a centralized reimbursement and distribution system managed by the Community Food Bank of Central Alabama capitalizing on the existing United States Department of Agriculture's Summer Meal Programs and decreasing the administrative burden of the program for feeding sites. |
| 3. Promote the adoption of Healthy Meeting Guidelines | Number of entities adopting Healthy Meeting Guidelines | November 2015 | YMCA of Greater Birmingham | Completed and ongoing. The YMCA of Greater Birmingham and its corporate partners will initiate "Lunch and Learns" designed to reach 200 members in June 2017. A healthy lunch will be served and various health topics will be discussed, including the Healthy Meeting Guidelines. | Completed and ongoing. The YMCA of Greater Birmingham collaborated with various agencies to offer monthly "Lunch and Learns" regarding nutrition and the Healthy Meeting Guidelines. Participating agencies received a list of healthy eating vendors for catering meetings. The Healthy Meeting Guidelines are available upon request. |
| 4. Increase awareness and implementation of healthy vending machine programs, policies and other healthy food options | Number of sites adopting healthy vending machine policies Number of sites implementing healthy vending machine policies | Ongoing through November 2019 | YMCA of Greater Birmingham, United Way of Central Alabama, Coca- Cola, Buffalo Rock Company, Alabama Department of Public Health | The YMCA of Greater Birmingham revamped its vending machine contents resulting in 80% of available items being healthy options. In further support of healthy food options, the East Lake Farmer's Market will provide fresh fruits and vegetables for purchase at the Northeastern and Downtown YMCA branch locations twice each month. | Eighty percent of the vending machine items within the YMCA of Greater Birmingham remain healthy options. |
| 5. Increase access to healthier food options in food deserts through the Community Food Bank of Central Alabama's Corner Market, a mobile grocery store (Added in October 2017) | Number of Corner Market stops | Ongoing through November 2018, based on funding | Community Food Bank of Central Alabama | | Completed and ongoing. The Corner Market, a mobile grocery store offering fresh vegetables, fruits, meats, dairy and dry goods at affordable prices, is provided by the Community Food Bank of Central Alabama and its community partners. The Corner Market provides healthier food options to select towns with no major grocery store. The Corner Market added Pratt City and Tarrant to its distribution sites in fall 2017. The Corner Market is researching additional mobile grocery store stops within Jefferson in 2018. The Corner Market accepts Supplemental Nutrition Assistance Program (SNAP) benefits and has been approved to receive funding to offer Double Up Bucks to SNAP enrollees. |

Goal 2: Increase leisure time physical activity within the past month among Jefferson county adult residents from 66.6% to 70% by November 1, 2019.

| Data source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|-------------|--|-------------------|---|---|-------------|
| | 66.6% of Jefferson County adults report physical activity | | 70% of Jefferson County adults report physical activity | Data is expected to be available in Summer 2018 | |

Strategy 1. Enhance the awareness, availability, accessibility and utilization of fitness facilities, parks, trails and bike trails, etc.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|----------------------------------|--|--|--|
| 1. Create universally designed environments for everyone to be physically active, including the implementation of the Red Rock Ridge and Valley Trail | Number of Americans with | Ongoing through November 2019 | Freshwater Land Trust, Local Municipalities, Regional Planning Commission of Greater Birmingham, City of | The assessment of City of Birmingham sidewalks for compliance with the Americans with Disabilities Act is slated for completion in December 2018. | The assessment of City of Birmingham sidewalks for compliance with the Americans with Disabilities Act is slated for completion in December 2018. All City of Birmingham streets repayed or redesigned must include accessibility features. |
| 2. Provide residents with opportunities to increase physical activity using existing community resources | Number of activities to increase resident awareness and utilization of community resources for physical activity | Ongoing through November 2019 | Birmingham, City of Birmingham City of Birmingham, City of Birmingham Parks and Recreation Division, UAB Minority Health Research Center, YMCA of Greater Birmingham, Racial and Ethnic Approaches to Community Health (REACH) | Completed and ongoing. The YMCA of Greater Birmingham, in partnership with Birmingham Racial and Ethnic Approaches to Community Health, provided walking groups and exercise classes throughout Birmingham. A new walking group, "Walk with the Doc," will start in June 2017 at Princeton Towers. | Completed and ongoing. Freshwater Land Trust and the Jefferson County Department of Health through the Racial and Ethnic Approaches to Community Health (REACH) grant continued the Parks Rx program. The Park Rx database was expanded to include 138 parks in Jefferson County. The YMCA of Greater Birmingham's "Walk with the Doc" walking program at Princeton Towers, initiated in spring 2017, continued. |
| 3. Develop and implement a Trails Prescription Program to increase physical activity | Number of neighborhoods with identifiable walking routes Number of providers educated on the Trails Prescription Program | September 2017 | Freshwater Land Trust, Jefferson County Department of Health, Racial and Ethnic Approaches to Community Health (REACH) | Completed and ongoing. From November 1, 2016 to April 30, 2017, 295 unique users visited the Parks Rx website or the Parks Rx kiosk at the Jefferson County Department of Health's Central Health Center. The Parks Rx program was promoted at the Community Health Day on April 1, 2017 attended by at least 1,080 people. Additionally, the UAB Breast Health Clinic implemented the Parks Rx program. | users accessed the Parks Rx website. The Parks Rx |
| 4. Increase awareness and utilization of new trails and sidewalks | Number of awareness campaigns Number of trail users | Ongoing through November 2019 | Swim, Safe Routes to School of Central Alabama, Racial and Ethnic | Completed and ongoing. The results from the High Ore Line Trail (HOLT) survey of 807 individuals revealed that 63.5% of respondents were aware of the trail or could recall the trail. Over 20% of survey respondents had used the HOLT at least once. The Safe Routes to Schools (SRTS) Walking School Bus program is ongoing at Hemphill and Ox moor Valley Elementary Schools. SRTS partnered with the Birmingham City School System to provide educational curriculum for students. SRTS conducted 39 educational events between January 23, 2017 and May 19, 2017 reaching 2,804 students and 45 school administrators. Black People Run Bike Swim (BPRBS) hosted beginner and advanced bicycle rides beginning in April and three to nineteen mile runs throughout the year. BPRBS promoted awareness of the free I Am BHAM <i>Fitness Camp</i> during Hot 107.7's <i>107</i> <i>Days to Better Health</i> . | Completed and ongoing. Fresh Water Land Trust (FWLT continued to host Red Rock Tuesday news segments spotlighting parks and trails. As part of a FWLT evaluation of trail needs, counters were placed on select trails to track trail usage. Safe Routes to School (SRTS) programs expanded to include additional schools for pedestrian and bicycle education. SRTS conducted over 60 educational events, pedestrian evaluations or workshops reaching 3,052 students and 605 school administrators. Black People Run Bike Swim (BPRBS) hosted its annual "5k At The Junction" on November 11, 2017. In preparation for the "5K at the Junction", BPRBS offered a free 5K training class on Sundays at Railroad Park. BPRPS continued to host bike rides for novices and for advanced riders weekly, as well as a weekly run/walk group on Saturdays during this reporting period. |

Strategy 2. Increase access to healthy food by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|-----------------------------------|--|--|--|
| 1. Provide technical assistance and education around Physical Activity Break Policies and programming in schools | Number of school districts achieving the physical activity requirements mandated by the Alabama Department of Education | Ongoing through November 2019 | Birmingham, Alliance for a Healthier Generation, Alabama Department of Education, Alabama Department of Public Health | Completed and ongoing. The Alabama Department of Education, Alliance for a Healthier Generation and several other partners continue to facilitate the Champions for Healthy Active Schools Initiative. School districts within Jefferson County participating in the Champions for Healthy Active Schools Initiative include Birmingham, Homewood, Hoover, Jefferson County and Leeds. Approximately 1,000 children were involved in the YMCA of Birmingham's Healthy Kids Day on April 29, 2017. | Completed and ongoing. The Alabama Champions for Healthy Active Schools Initiative distributed technical assistance resources for developing and implementing comprehensive school wellness policies including establishing physical activity throughout the school day at its August 20, 2017 meeting. As one of the supporting Champions of Health, the Lakeshore Foundation provided technical assistance to school districts on devising physical activity opportunities and resources fo students at all ability levels. The National Center on Health, Physical Activity and Disability (NCHPAD) at th Lakeshore Foundation developed " <u>A Guide to Inclusive</u> <u>Physical Activity</u> " which includes recommendations for school districts on providing physical activity opportunities before, during and after school hours for children of all ability levels. |
| Strategy 3. Create a resou | rce directory of places to | participate in phy | sical activity at no or lo | w cost by November 2019. | |
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
| Create sources for identifying locations for no or low cost physical activity | Sources identified | November 2017 | Racial and Ethic Approaches to Community Health (REACH), City of Birmingham, Fresh Water Land Trust | Completed. The database of parks available through the Parks Rx Program. | Completed. The database of parks available through the Parks Rx Program was expanded to include 138 parks in Jefferson County. |
| 2. Create and distribute Walk B | Number of unique Walk B 'ham Cards created | November 2014 through November | Livable Communities Priority Group, Fresh | Completed. The Walk B 'ham website and the walking cards continue to be available. | Completed. The Walk B 'ham website and the walking cards continue to be available. |

| Data source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--|--|---|--|---|--|
| Jefferson County Department o Health | 39.1% of Jefferson County residents are protected with comprehensive indoor smoke- free policies | 44.55% of Jefferson County residents are protected with comprehensive indoor smoke-free | 50% of Jefferson County residents are protected with comprehensive indoor smoke-free policies | 47.8 % of Jefferson County residents are protected with comprehensive indoor smoke-free policies | |
| Strategy 1. By February 2 | :019, advance the adoption | 1 of comprehensiv | e indoor smoke-free p | olicies protecting a minimum of 50% of county | residents. |
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
| Conduct an assessment to identify priority communities for smoke-free education and engagement | Completed community assessments | Ongoing through February 2019 | Tobacco Free Taskforce of Jefferson County, Jefferson County Department of Health, Alabama Department of Public Health, American Lung Association | Completed. Assessments were completed identifying Homewood, Irondale and Mountain Brook for smoke-free engagement and the adoption of city-wide comprehensive indoor smoke-free policies. | |
| 2. Develop a smoke-free campaign plan for each priority community | Campaign plan | Ongoing through February 2019 | Tobacco Free Taskforce of Jefferson County, Jefferson County Department of Health, Alabama Department of Public Health, American Lung Association, Safe and Healthy Homewood Coalition | The Irondale Smoke-free Coalition conducted three coalition meetings between November 1, 2016 and April 30, 2017. Educational outreach is underway with Irondale residents, schools, businesses and churches. | The Irondale Smoke-free Coalition met quarterly to modify the city's current tobacco policy to make this policy comprehensive by adding restrictions for e- cigarette use and smoking in restaurants. The Jefferson County Tobacco Coordinator attended the Centers for Disease Control and Prevention's Tobacco Academy on improving the efficiency of tobacco coalitions. An Irondale smoke-free ordinance has not been introduced to the Irondale City Council to date, although the Tobacc Coordinator attends monthly City Council meetings to gauge interest and build communication lines with City Council members. The Irondale Smoke-free Coalition continued building grassroots support by educating Irondale residents about the dangers of secondhand smoke. |
| 3. Educate the general public and community leaders about the dangers of secondhand smoke | Number of presentations on the dangers of secondhand smoke Number of letters of support Number of community leader interviews Earned/paid media efforts Smoke-free campaign Facebook likes | Ongoing through February 2019 | Tobacco Free Taskforce of Jefferson County, Jefferson County Department of Health, Alabama Department of Public Health, American Lung Association | Completed and ongoing. The Tobacco Core Group educated Irondale residents and leaders on the risks of second-hand smoke and benefits of adopting a city-wide comprehensive smoke-free ordinance through 35 community events reaching 7,067 Irondale residents. There are 64 "likes" on the Smoke-free Irondale Facebook page. | Completed and ongoing. The Jefferson County Tobacco Coordinator conducted 53 presentations, obtained 35 letters of support and interviewed ten community leader to educate the Irondale community about the dangers of secondhand smoke during this reporting period. The Irondale Senior Center's Newsletter provided informatic on secondhand smoke. The Irondale Smoke-free Coalition utilized the annual Whistle Stop Festival to educate Irondale residents and gather petition signature and letters of support for comprehensive smoke-free policy. The Alabama Department of Public Health provided educational incentives and medical resources t support the Irondale Smoke-free Campaign. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|----------------------------------|---|--|---|
| 4. Support the adoption of Comprehensive Smoke-free Policies | Number of Comprehensive Smoke-free Policies meeting guidelines of Americans for Nonsmokers' Rights Percentage of Jefferson County residents covered by indoor smoke-free policies | Ongoing through November 2019 | , | No additional municipalities in Jefferson County passed a comprehensive smoke-free air ordinance during this reporting period. Currently, eight Jefferson Counties municipalities have passed smoke-free air ordinances. | No additional municipalities have adopted comprehensive smoke free policies during this reporting period. |
| 5. Implement smoke-free policies | Creation of Implementation Plan Number of business mailed some-free policy requirements | Ongoing through November 2019 | Jefferson County Department of Health, Alabama Department of Public Health | The Jefferson County Department of Health provided Business Implementation Kits to 800 Mountain Brook retailers in December 2016 to educate these retailers on strategies for complying with the new Tobacco Free Ordinance. | Implementation of the comprehensive indoor smoke-free ordinance for the city of Mountain Brook is complete. |
| Strategy 2. By November 2019, a minimum of one public or nonprofit rent-restricted multi-housing agency in Jefferson County will adopt smoke-free policies restricting smoking in individual units, including balconies, patios and common areas. | | | | Completed. | Completed. |

Strategy 1. By February 2019, advance the adoption of comprehensive indoor smoke-free policies protecting a minimum of 50% of county residents. (continued).

Strategy 3. Educate public or nonprofit, rent-restricted, multi-housing agencies in Jefferson County on the harmful effects of second-hand smoke and available smoking cessation resources.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|-------------|---|--|-------------------------|
| 1. Complete an assessment of the county's public and nonprofit, multi-unit housing developments for the presence of smoke-free or tobacco-free policies | Completed assessment | June 2016 | Alabama Department of Public Health | Completed. | Completed. |
| 2. Design and implement a communication strategy to provide education to public, multi-unit housing developments without smoke- free or tobacco-free policies on the benefits of implementing such policies | Number of public, multi-unit housing developments receiving education on smoke- free or tobacco-free policy benefits | | Alabama Department of Public Health, Jefferson County Department of Health | conducting focus groups within five housing authorities in Jefferson County during March 2017. These focus groups are designed to obtain resident input on potential interventions to support smoking cessation. A final report with the findings from the focus groups will be completed in June 2017. | |

| Data source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--|--|---|--|--|---|
| Behavioral Risk Factor Surveillance Survey: Adult Smoking Status | 20% of adult residents report smoking in 2012 | 19% of adult residents report smoking | 18% of adult residents report smoking | Data is expected to be available in Summer 2018 | |
| Strategy 1. Improve access | s to tobacco cessation prog | grams and counse | eling beginning July 2 | 015. | |
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
| 1. Increase community and healthcare provider awareness of resources linking residents to tobacco use cessation support, including the Jefferson County Department of Health's Tobacco Use Cessation Program | Number of inquires regarding Jefferson County Department of Health's Tobacco Cessation Program Media campaign documentation: number of billboards, radio spots and ads, etc. Number of calls to the Alabama Tobacco Quitline from Jefferson County | July 2015 and ongoing | Jefferson County Department of Health, American Lung Association, Alabama Department of Public Health | Completed and ongoing. The Jefferson County Department of Health Tobacco Cessation Clinic scheduled 97 patients to receive tobacco use cessation support. The American Lung Association continued to promote the free tobacco quit line and plans to offer a Freedom from Smoking Facilitator Training on June 8, 2017. The Alabama Department of Public Health Area 4 Tobacco Coordinator conducted 38 presentations regarding tobacco use and cessation. | Completed and ongoing. The Jefferson County Department of Health (JCDH) continued its Smoking Cessation Clinics at the Central, Eastern and Western health Centers for JCDH's adult health patients and parents of JCDH pediatric patients. The American Lung Association hosted a Freedom from Smoking Facilitator Training on June 8, 2017. JCDH maintains an online database of local smoking cessation resources in Jefferson County. |
| 2. Implement the Jefferson County Department of Health Tobacco Use Cessation program for community members | Number of participants who enroll and complete the program Number of program participants that quit using tobacco | January 2016 through November 2019 | Jefferson County Department of Health | Twenty-four patients attended at least one session of the Jefferson County Department of Health Tobacco Cessation Clinic. The Clinic's cessation rate during this review period was 21%. | The Jefferson County Department of Health (JCDH) had 70 patients referred to its Smoking Cessation program with 28 individuals attending at least one smoking cessation session. The Jefferson County Department of Health continued to develop a process for providing smoking cessation support for non-JCDH patients, including a medication referral document. |
| 3. Develop and distribute a resource directory of tobacco use cessation programs available in Jefferson County | Resource Directory publication date | January 2017 | Jefferson County Department of Health | Completed. The Jefferson County Department of Health maintains tobacco cessation resources on its website. The American Lung Association maintains a smoking cessation help line staffed with online counselors and information for tobacco use cessation. | Complete and ongoing. The Jefferson County Departmen of Health maintains tobacco cessation resources on its website. The American Lung Association maintains a smoking cessation help line staffed with online counselors and information for tobacco use cessation. |
| 4. Increase calls from Jefferson County residents to the Alabama Tobacco Quitline by 10% | Alabama Department of Health Quitline call data | January 2015 through November 2019 | Alabama Department of Public Health, Jefferson County Department of Health | Completed and ongoing. A total of 873 calls were made to the Alabama Tobacco Quitline by Jefferson County residents during this reporting period. | Completed and ongoing. A total of 452 calls were made to the Alabama Tobacco Quitline by Jefferson County residents between May 1, 2017 and August 31, 2017. |
| Strategy 2. Advocate for t | he adoption of higher taxe | es on tobacco proc | ducts by November 20 | 019. | I |
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
| 1. Educate community members and legislators on the benefits of a \$1.25 per pack increase on cigarette taxes with equalization for other tobacco products | Legislative priority document Distribution of factsheet Adult Tobacco Survey data | Ongoing through November 2019 | American Lung Association | The Alabama State Legislature did not consider increasing the tobacco tax during the 2017 Legislative Session. | The Alabama State Legislature did not consider increasing the tobacco tax during the 2017 Alabama Legislative Session. There are no anticipated tobacco tax bills for the 2018 Alabama Legislative Session. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|----------------|--|---|---|
| 1. Complete community assessments using Counter Tools | Number of assessments | September 2016 | Alabama Department of Public Health, Children's Hospital | The Alabama Department of Public Health conducted store assessment training on April 13, 2017. Store assessments measure tobacco availability, advertising, display, pricing and point-of-purchase promotions. | Completed. The Alabama Department of Public Health (ADPH) used methods developed by the company, Counter Tools, to assess retail stores, including the availability of tobacco products and display of tobacco advertisements targeting youth. ADPH is currently obtaining Counter Tool's assessment data at the state level. Infographics were provided at assessed retail establishments during Summer 2017. |
| 2. Develop model policy language for at least two Point- of-Purchase strategies | Meeting minutes Meeting agendas Model policy | October 2019 | Coalition for a Tobacco Free Alabama, Alabama Department of Public Health | The Coalition for a Tobacco Free Alabama continued to research point-of-purchase best practices and identify case precedent at the local and state levels. | The model policy language development is ongoing through the Alabama Department of Public Health (ADPH) and will utilize data from the Counter Tools assessment of strategies aimed at encouraging use of tobacco by youth. |

Goal 5. Advance the adoption of and encourage compliance with regulations and policies supporting physical well-being by November 2019.

| Data source | Baseline Status | Long-Term Target | 2017 Status | 2018 Status |
|----------------------------------|--|-------------------------|--|-------------|
| Alabama Department of | Number of school districts with adopted | All existing Jefferson | All school districts must adopt comprehensive school | |
| Education: School districts with | Comprehensive Wellness Policies | County school districts | wellness policies by June 2017. | |
| adopted Comprehensive | [Baseline: 3 school districts have adopted | adopt Comprehensive | | |
| Wellness Policies | Comprehensive Wellness Policies | Wellness Policies | | |
| | | | | |

Strategy 1. Support policies and programs that promote student wellness before, during and after the school day.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|----------------------|---------------|---|---|--|
| 1. Support the implementation of wellness policy goals for nutrition promotion/education and physical activity based on the Healthy, Hunger-Free Kids Act of 2010 | | November 2018 | Alabama Department of Education, Alabama Department of Public Health, Alabama State Association for Health, Physical Education, Recreation and Dance, UAB, Alliance for a Healthier Generation, HEAL Alabama | Completed and ongoing. Five school districts in Jefferson County are participating in the Champions for Healthy Active Schools Initiative. The Hoover School District passed an updated wellness policy. Other area school districts are updating existing wellness policies. | Completed and ongoing. In 2016, the United States Department of Agriculture's Food and Nutrition Service revised policies to requires school wellness policies to b in place by June 2017. The Gulf States Health Policy Council (GSHPC) assessed Birmingham City Schools to identify schools with an existing wellness council and school wellness policies. GHSPC is collaborating with Hemphill Elementary and Washington K-8 schools to implement school wellness councils. The Alabama Champions for Healthy Active Schools' state-wide initiative supported school districts in the adoption, implementation and monitoring of wellness policies. The Alabama Champions for Health Active Schools held an August 2017 meeting with over 20 school districts to discuss the components of comprehensive wellness policies. |

Strategy 2. Advance the adoption and implementation of comprehensive Healthy Eating and Physical Activity (HEPA) Policies by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--------------------|---|---------------|--|---|--|
| | Number of afterschool care programs trained in Healthy Eating and Physical Activity (HEPA) Standards | November 2018 | YMCA of Greater Birmingham | The YMCA of Greater Birmingham's Association Youth Development Director will determine the YMCA of Greater Birmingham's near-term plans for providing Healthy Eating, Physical Activity (HEPA) Standards technical assistance to other community-based afterschool and childcare sites by December 31, 2017. | The YMCA of Greater Birmingham will determine its near-term plans for providing Healthy Eating, Physical Activity (HEPA) Standards technical assistance to additional community-based afterschool sites by April 2018. |
| | Number of community-based childcare programs that implement Healthy Eating and Physical Activity (HEPA) standards | November 2019 | YMCA of Greater Birmingham, Jefferson County Department of Health | The YMCA of Greater Birmingham's Association Youth Development Director will determine the YMCA of Greater Birmingham's near-term plans for providing Healthy Eating, Physical Activity (HEPA) Standards technical assistance to other community-based afterschool and childcare sites by December 31, 2017. | The YMCA of Greater Birmingham will determine its near-term plans for providing Healthy Eating, Physical Activity (HEPA) Standards technical assistance to other community-based childcare sites by April 2018. |

Strategic Issue 3: Optimize the Built Environment, Transportation System and Safety

Goal 1. Improve availability, access to and maintenance of trails, sidewalks, parks and other public recreational facilities by November 2019.

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--|---|--|---|--|-------------|
| Freshwater Land Trust: Miles of Multi-Use Trails | 13.4 miles of multi-use trails | | 50 total miles of multi- use trails and on street bike lanes by 2017 | 37.2 miles multi-use paths, 40.12 miles of natural paths | |
| Freshwater Land Trust: Miles of On Street Bike | 7.4 miles of on street bike lanes | | 50 total miles of multi- use trails and on street | 10.1 miles of sharrows, 6.01 miles of bike lanes | |
| City of Birmingham: Number of sidewalk and roadway complaints from the City of Birmingham's 311 Program | Baseline data is under preparation by the City of Birmingham's Planning, Engineering and Permits Department | | 5% reduction in sidewalk and roadway complaints from baseline | Between November 1, 2016 and April 30, 2017, the 311 Call Center received 17,264 calls. A 311 Program smartphone application remains in testing and is expected to launch in Summer 2017. | |
| | Jefferson County received 85 zoning complaints and 250 weed and litter complaints during the most recent year | | 5% reduction in zoning complaints to 81; 5% reduction in weed and litter complaints to 238 | Data not expected until 2018 | |
| City of Birmingham: Birmingham STAR rating score | for the STAR application | Submit data by February 2015 and obtain STAR rating score | To be determined after receiving baseline score | Birmingham has a 3 STAR rating | |
| Department of Parks and Recreation: Number of Parks | In 2012, the City of Birmingham Parks System had 100 parks and recreation facilities. | | To be determined by availability of funding | The City of Birmingham Parks System has over 130 parks | |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|----------------------------------|---|--|--|
| 1. Implement educational campaigns for newly developed parks and trails within Jefferson County | Number of campaigns implemented | November 2014 and ongoing | Department of Health, Black People Run Bike and Swim, Racial and Ethnic Approaches to Community Health (REACH), Mid-South Transdisciplinary Collaborative Center for Health Disparities Research | Completed and ongoing. The Jefferson County Department of Health (JCDH) hosted a Community Health Day on April 1, 2017 reaching 1,080 individuals. The Freshwater Land Trust provided information about the Parks Rx program and parks and trails in Jefferson County. Parks Rx maintains a website and displays information regarding select parks in JCDH Health Centers. Parks Rx provided local park information at the Parks Assembly on April 19, 2017. The Ruffner Mountain Connector Trail, a part of the Red Rock Ridge and Valley Trail System and the City of Birmingham's Alternative Transportation Plan, is under construction. Upon completion of the trail, community education and signage about the trail will be initiated. Black People Run, Bike and Swim hosted weekly bicycle rides and runs at various parks in the Birmingham area and held one bike safety/tune up event. Black People Run, Bike and Swim is currently beta testing the smartphone app to promote physical activity with a larger beta test campaign expected mid-July. | Completed and ongoing. As part of its 40 th Anniversary Celebration in October 2017, educational messaging on Ruffner Mountain was provided. The City of Birminghan released a construction bid for the Ruffner Mountain Connection Trail. The Vulcan Extension Trail is nearing completion and expected to open in late 2017; educational campaigns are planned to promote use of thi trail extension. The High Ore Line Trail Extension will be completed by October 2018. The Parks Rx Program continued to promote the use of local trails. Currently, park information flyers are available for 138 parks on the Parks Rx website. |
| 2. Implement and expand the Walk B'ham program | Number of Walk B'ham routes [Baseline: zero implemented Walk B'ham routes] | November 2014 and ongoing | Freshwater Land Trust, Livable Communities Priority Group, Jefferson County Department of Health, Community Foundation of Greater Birmingham | Completed. The Walk B'ham website remains available as are Walk B'ham Walk Cards. | Completed. The Walk B'ham website remains available a are Walk B'ham Walk Cards. |
| 3. Continue Red Rock Tuesday or other television-based communication regarding parks, trails and other public recreational facilities | Number of Red Rock Tuesdays sessions Total viewers | Ongoing through November 2019 | County Department of | Completed and ongoing. Red Rock Tuesday segments continued featuring: Ruffner Mountain Nature Preserve, UAB's Downtown Bike Plan, Ensley Greenway, Gardendale Urban Trail System and Vulcan Park. | Completed and ongoing. Fresh Water Land Trust, in conjunction with WBRC, provided Red Rock Tuesday segments highlighting the Turkey Creek Nature Preserve Brookside Trail System, Cosby Lake Trail, Rotary Trail, and Complete Streets Downtown during this reporting period. REV Birmingham conducted a two-week Street Market in Woodlawn that included a television segment highlighting select trails. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|----------------------------------|--|--|---|
| 1. Promote the use of Birmingham City's 311 phone line and new smart phone application for reporting maintenance concerns | Marketing campaign Number of calls to the Birmingham's 311 phone line Number of downloads of Birmingham's smart phone application | Ongoing through November 2019 | Birmingham Public Works | The 311 Call Center received 17,264 calls reporting maintenance concerns. A 311 Program smartphone application remains in testing and is expected to launch in Summer 2017. | Implementation of the City of Birmingham's 311 Program's Smart Phone application has been further delayed; this application will geocode information entered by residents and allow photographs to be uploaded. Between May 1, 2017 and September 30, 2017, the 311 Call Center received 18,932 calls. Additionally, the City Action Partnership continued to use the City Click Fix, an application allowing residents to submit maintenance concerns and photographs for open source information. The City Click Fix application is available through the City of Birmingham's website. |
| 2. Promote calls to the Jefferson County Roads and Transportation Division office for appropriate routing | Marketing campaign Number of calls to the County Roads and Transportation Division Number of projects listed on the Jefferson County website | Ongoing through November 2019 | Jefferson County Roads and Transportation Division | The Jefferson County Roads and Transportation Division responded to 896 calls related to road maintenance during this reporting period. | Jefferson County's Roads and Transportation Division received 131 weed and liter complaints, but is implementing City Works software to receive concerns and improve tracking of issues. From May 2017 through August 2017, 307 calls were received by the Jefferson County Roads and Transportation Division regarding road maintenance. |
| | ningham City to submit the am by November 2019. | e Sustainable Too | ls for Assessing and R | ating Communities (STAR) Review by Decemb | er 2014 and enhance the sustainability of the |
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
| 1. Convene an Advisory Group of key stakeholders to identify a plan of action for areas in need of improvement | | November 2014 | Lakeshore Foundation, City of Birmingham, Jefferson County Department of Health | Completed. | Completed. |
| 2. Submit data application to STAR for review | Data of application submission STAR application | December 2014 | Lakeshore Foundation, City of Birmingham, Jefferson County | Completed. | Completed. |
| | | | Department of Health | | |
| 3. Receive score from STAR and Potential STAR status | STAR Score STAR Status | February 2015 | | Completed. The City of Birmingham received a 3 STAR rating. | Completed. The City of Birmingham received a 3 STAR rating. |

| Data Source | Baseline Status | Short-Term Target | | Birmingham-Jefferson County Transit Authority (BJCTA) | 2018 Status |
|---|-----------------|---------------------------------------|---|--|-------------|
| Number of Birmingham Jefferson County Transit Authority (BJCTA) rides | 5 | No goal established | Increase number of rides by 5% to 3,360,000 | 2,753,214 rides (November 2016 to September 2017) | |
| Number of BikeShare stations | 5 | 20 BikeShare stations by Fall 2015 | 40 BikeShare stations by June 2016 | 39 BikeShare stations | |
| Number of BikeShare bikes | 2 | 200 BikeShare bikes by Fall 2015 | 400 BikeShare bikes by June 2016 | 400 Zyp bikes | |

Strategy 1. Increase the community's awareness of public transportation options beginning November 2014.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|------------------------------------|-----------------|--|--|
| 1. Implement educational campaigns to inform residents on where and how to purchase MAX tickets | Number of campaigns Number of bus tickets sold Ridership (3.2 million annually) | Ongoing beginning November 2014 | Authority | County Transit Authority (BJCTA) launched the Magic City Connector, a revamped version of the North/South DART route, in March 2017. The Magic City Connector route launch included radio and television advertising. Other educational campaigns included the Black History Month Tour, the Bessemer Circulator Pilot Route Tour, the Annual Bus Rodeo and media interviews. BJCTA provided tips on bus riding at five schools. Central Station hosted tutorials on BJCTA's services and public access. An Americans with Disabilities Act officer provided educational classes to various agencies about BJCTA's Paratransit Service and its eligibility requirements. | Completed and ongoing. In May 2017, the Epic City Rush Scavenger Hunt took place in Birmingham to inform residents of Birmingham-Jefferson County Transit Authority (BJCTA) services. In June 2017, the Lakeview Local Live Radio Broadcast highlighted MAX bus services. The Magic City Connector Selfie Contest provided additional marketing for the Magic City Connector. In August 2017, MAX launched the Lawson Cougar Express Bus Kick-Off, including advertising through flyers and social media. "MAX My Stop", a bus tracker application launched in September 2017 and was communicated via radio commercials, postcards and social media posts. In conjunction with the Magic City Classic in October 2017, MAX advertised its services through live radio broadcasts, parade giveaways and a Hip Hop Jingle Contest. |

Strategy 2. Implement and increase utilization of Birmingham's BikeShare program by June 2016.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|---------------|--|----------------------------|-------------------------|
| 1. Secure Zyp Operator and BikeShare equipment vendors | Selected vendors and public announcement | December 2014 | City of Birmingham, Regional Planning Commission, REV BikeShare, LLC | Completed. | Completed. |
| 2. Secure operational funding for the Zyp BikeShare program | Sponsorship secured | December 2014 | REV BikeShare, LLC | Completed. | Completed. |
| 3. Final site selection and permitting | Right-of-Way agreements Map of locations Public input on site selection | March 2015 | REV BikeShare, LLC, Zyp, City of Birmingham and Regional Planning Commission | Completed. | Completed. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|-------------------------------|---|--|---|
| 4. Conduct a public awareness and education campaign regarding Zyp BikeShare | Marketing campaign Number of outreach events Social Media and website presence Number of early Zyp BikeShare registrations | September 2015 and ongoing | REV BikeShare, LLC | historical female cyclists through video interviews, spotlights and social media messaging for the "Heels on Wheels: Celebrating Birmingham's Female Cyclists" | |
| 5. Launch the Zyp BikeShare program | Number of BikeShare stations Number of BikeShare bikes | December 2015 | REV BikeShare, LLC, Zyp, City of Birmingham | Completed. | Completed. |
| 6. Expand the Zyp BikeShare program | Number of additional Zyp BikeShare stations Number of additional Zyp BikeShare bikes | June 2016 | REV BikeShare, LLC, Zyp, City of Birmingham | the fleet. | Completed and ongoing. There are currently 40 BikeShare Stations. Zyp is considering BikeShare Station expansion in the 5 Points West area near the Birmingham Crossplex and Vulcan Park. Zyp's Parkside BikeShare Station will be moved pending approval from the Birmingham Park and Recreation Board. |
| 7. Maintain ongoing Zyp BikeShare program operations | Annual program reports and program data Number of program FTEs | October 2016 and ongoing | REV BikeShare, LLC | and two part-time equivalent personnel. Three AmeriCorps members were added to the staff for one year to assist with Zyp BikeShare maintenance and operation. | Completed and ongoing. Zyp has five full-time equivalent and two part-time equivalent personnel. Three AmeriCorps members were added to Zyp's staff for one year to assist with Zyp BikeShare maintenance and operation. A mechanic was hired to assist with BikeShare maintenance. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|---|------------------------------------|--|---|---|
| 1. Replace aging MAX buses | Number of replaced buses [Baseline: 30 replaced buses in 2014] Fleet size | Ongoing beginning November 2014 | Birmingham Jefferson County Transit Authority, ClasTran | Completed and ongoing. The Birmingham-Jefferson County Transit Authority acquired nine buses; three serve the fixed route service, and six serve the Magic City Connector route. In January 2017, eleven paratransit vehicles were replaced. Three fixed route buses and nine paratransit replacement vehicles are on order. | Completed and ongoing. From May 2017 to September 2017, the Birmingham Jefferson County Transit Authority replaced 12 fixed route buses and 20 paratransit vehicles. |
| 2. Maintain the average miles until bus breakdown above the industry standard through daily bus preventive maintenance | Number of road calls Mileage until breakdown [Industry average is 3,500 miles to breakdown; BJCTA is currently experiencing breakdown at 15,000 miles] | Ongoing through November 2019 | Birmingham Jefferson County Transit Authority | The Birmingham Jefferson County Transit Authority received 729 fixed route maintenance road calls and 84 paratransit road calls. | The Birmingham Jefferson County Transit Authority received 1,372 fixed route maintenance road calls and 226 paratransit road calls from May 2017 through September 2017. |
| 3. Reduce headway on bus routes | Number of buses Bus schedules | November 2019 | Birmingham Jefferson County Transit Authority, Municipalities | MAX operates 39 routes with 80 active fixed route buses and 41 paratransit vehicles. | Currently, MAX operates 39 routes with 78 active fixed route buses and 36 active paratransit vehicles. |
| 4. Develop a rapid transit system with East/West and North/South routes | Amount of funding awarded Date of route initiation Date of route completion | November 2019 | Regional Planning Commission of Greater Birmingham, MAX | | MAX is reviewing all route structures and completed a Transit Development Plan to evaluate existing services and provide options for further route development. MAX initiated conversations with cities serviced by MAX to incorporate these cities into the Transit Development Plan. Birmingham Jefferson County Transit Authority (BJCTA) received approval from Birmingham's City Council to develop transit options over the next three years (\$40 million dollars in total funding). |
| 5. Continue to monitor on-time bus service performance | On-time performance metrics | Ongoing through November 2019 | Birmingham Jefferson County Transit Authority | Completed and ongoing. The average on-time performance for 2016 was 97% for fixed routes. | Completed and ongoing. The average on-time bus performance for 2016 was 97% for fixed routes; 2017 da will be available in 2018. |

Strategy 4. Implement the Birmingham Comprehensive Plan related to public transportation through November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|----------------------------------|---|---|---|
| 1. Reassess current bus routes in relation to population distribution and proposed new industry in the area | Ridership [Baseline is 3.2 million rides annually] | Ongoing through November 2019 | County Transit Authority, Birmingham Business Alliance (regarding new industry) | eliminate circuitous routes, providing faster, more efficient service by connecting routes and increasing the frequency of buses on the most utilized routes. The new routes will be discussed at five public involvement meetings beginning on April 20, 2017. The new Magic | Completed and ongoing. MAX is reviewing all route structures and completed a Transit Development Plan to evaluate existing services and provide options for further route development. MAX initiated conversations with cities serviced by MAX to incorporate these cities into the Transit Development Plan. Birmingham Jefferson County Transit Authority (BJCTA) received approval from Birmingham City Council to develop transit options over the next three years (\$40 million dollars in total funding). |

| | Strategy 5. Convene a workgroup for a Regional Transit System Roundtable by January 2015. | | | | | | | | |
|---|---|--------------|--|----------------------------|-------------------------|--|--|--|--|
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 | | | | |
| for a Regional Transit System Roundtable | Regional Transit System Roundtable participants Minutes from Regional Transit System Roundtable meetings | January 2015 | Regional Planning Commission, Birmingham Jefferson County Transit Authority, Birmingham Business Alliance | | Completed. | | | | |

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|---|--|---|---|---|--|
| Conservation Alabama: Number of municipalities with adopted Complete Streets Policies | Number of municipalities with adopted Complete Streets policies [Baseline: 6 municipalities have adopted Complete Streets policies] | with an adopted Complete Streets policy by November | Add 2-3 municipalities with adopted Complete Streets policies by November 2019 | Eight municipalities have adopted Complete Streets policies | |
| Regional Planning Commission of Greater Birmingham: Number of municipalities with comprehensive Sidewalk Plans | Number of municipalities with comprehensive Sidewalk Plans [Baseline: 3 municipalities have comprehensive Sidewalk Plans] | | Adoption of comprehensive Sidewalk Plans by all Jefferson County municipalities | Four municipalities, including the City of Birmingham, have comprehensive Sidewalk Plans | |
| Freshwater Land Trust: Miles of completed bike Lanes | Number of miles of completed bike lanes [Baseline is 7.4 miles of completed bike lanes] | | bike lanes by November 2019 | 35.15 miles of completed bike lanes as of October 31, 2016 | |
| Strategy 1: Adop | ot Complete Streets policio | es and design by No Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
| 1. Educate community residents regarding the benefits of Complete Streets Policies | Educational campaigns | Ongoing through November 2019 | AARP; Built Environment, Transportation and Safety Priority Group | The Optimize the Built Environment, Transportation System and Safety Priority Group added the adoption of Complete Streets ordinances to its 2017 Work Plan. AARP hosted a Direct Action Organizing Workshop on March 17, 2017 to support the design of a collaborative strategy for Complete Streets ordinance adoption. The strategy includes education about Complete Streets policies. | The Optimizing Built Environment Priority Group of the Health Action Partnership of Jefferson County (HAP) highlighted Complete Streets through a Red Rock Tuesday segment on WBRC and, with AARP, shared the Complete Streets opportunities with Birmingham mayoral candidates through a Mayoral Forum on August 8, 2017. The HAP developed an information sheet about Complete Streets distributed at local events. The Complete Streets group hosted a Facebook page and webpage to educate viewers on the benefits of Complete Streets ordinances. AARP drafted Complete Streets ordinance language for potential inclusion in a Birmingham City Complete Streets ordinance. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|----------------------------------|---|---|---|
| | Number of municipalities with adopted Complete Streets Policies [Baseline: 6 municipalities with adopted Complete Streets Policies] | November 2019 | AARP, Built Environment, Transpiration and Safety Priority Group | Streets Strategy Chart that includes educating Birmingham mayoral candidates and leaders about Complete Streets. A Complete Streets Policy ordinance for the City of Birmingham will be drafted in Summer 2017. | The Optimize the Built Environment, Transportation System and Safety Priority Group of the Jefferson County Health Action Partnership (HAP) developed plans to educate the Birmingham City Council and Mayor after the mayoral elections. The HAP and local partners planned a Complete Streets Workshop for November 7, 2017 with Birmingham residents and local leaders. The City of Birmingham continued development of a city- wide transportation plan which will identify streets that could become Complete Streets; this plan is expected to be completed in 2018. |
| 3. Communicate Complete Street Policy adoption to community residents | Number of educational campaigns | Ongoing through November 2019 | AARP | communication sub-committee to develop a communication and marketing plan to inform the public about Complete Streets. | The Optimize the Built Environment, Transportation System and Safety Priority Group of the Health Action Partnership of Jefferson County developed a communication and marketing plan to inform the public about Complete Streets. UAB completed a study recommending that the 10 th Street South become more pedestrian-friendly through reducing one lane of vehicular traffic. Currently, plans are underway to complete a similar project to reduce lanes of vehicular traffic in Woodlawn. |
| 4. Develop a Complete Streets Design Guide for use by municipalities | Publication date of Complete Streets Design Guide | December 2017 | Regional Planning Commission of Greater Birmingham | Completed. | Completed. |
| 5. Provide technical assistance for municipalities adopting Complete Streets Policies | responses | Ongoing through November 2019 | Regional Planning Commission of Greater Birmingham | sidewalk inventory to inform a Bike/Pedestrian Plan expected to be completed in 2018. | Health Action Partnership Priority Group of the Jefferson County Health Action Partnership, with the AARP and other partners planned a Complete Streets Workshop on November 7, 2017 for Birmingham residents and leaders to encourage municipalities to adopt policies, and to offer technical and GIS assistance for Complete Streets. The City of Hoover continued its sidewalk inventory to support the future creation of a city- wide Bike/Pedestrian Pan. Birmingham created a Multi- modal Transportation Plan which will identify streets which can become Complete Streets. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|-------------------|---|--|---|
| 1. Identify funding for Birmingham's Mode Priority Street Plan for all streets including transit corridors | Identified funding sources | March 2017 | City of Birmingham, Regional Planning Commission of Greater Birmingham | Completed. | Completed. |
| Strategy 3. Prom | note healthy infrastructur | e policies throug | 1 November 2019. | | |
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
| 1. Complete an evaluation of storm water impact on Village Creek | Creek samples Flow data | -January 2016 | City of Birmingham Storm Water Administrator | Completed. | Completed. The Birmingham Planning Commission will consider the adoption of the Village Creek Watershed Master Plan to improve water quality and reduce flooding at its November 1, 2017 meeting. A Valley Creek Watershed Master Plan process will begin in 2018. |
| 2. Rewrite zoning ordinances for the City of Birmingham | Date of approval for ordinances | February 2015 | City of Birmingham Planning, Engineering and Permits | Completed. | Completed. |
| 3. Implement the revised Zoning Ordinance for the City of Birmingham with the adoption of Framework Plans | Number of new Framework Plans adopted Number of Framework Plans with Zoning Ordinance compliance | January 2019 | City of Birmingham Planning, Engineering and Permits | Birmingham City Planning continues work with the Regional Planning Commission of Greater Birmingham to create Framework Plans. The Birmingham Planning Commission adopted the Southwest (Southwest, Grasselli, and Brownville) Framework Plan on May 3, 2017, bringing the total number of approved Framework Plans to five. The Birmingham Planning Commission will continue consideration of the Northeast (Huffman, East Pinson Valley, Roebuck-South, East Lake and Cahaba) Framework Plan on June 21, 2017. Public hearings to rezone the North Birmingham and Titusville Framework Plan areas to reflect the adopted plans are scheduled for May 30, 2017 and June 13, 2017, respectively. | The Birmingham Planning Commission adopted the Southwest Framework Plan and the Northeast Framework Plan in May and June 2017, respectively. The Birmingham City Council approved the rezoning of the North Birmingham Framework Plan in May 2017 and the Titusville Framework Plan in June 2017. Rezoning of the Southeast and Northwest Framework Plans were approved in September 2017. Development of the Ensley/Pratt and Eastern Area Framework Plans is ongoing and expected to be completed in early 2018. |
| 4. Assess change in physical activity in Midfield residents following the construction of the High Ore Trail | Pre and post-trail implementation survey results | September 2016 | Jefferson County Department of Health | Completed. Results from a phone survey assessing physical activity and utilization of the High Ore Line Trail were presented to the Environmental Quality Committee, the Freshwater Land Trust, and select neighborhood associations in December 2016. | Completed. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|----------------------------------|--|---|--|
| 5. Consider health impacts in Zoning Ordinance implementation | Attendance at Zoning Committee meetings Zoning Committee meeting minutes | November 2017 | Regional Planning | Completed and ongoing. Health Impact Assessment training is a tactic in the Jefferson County Department of Health's Strategic Plan 2017-2021. A team was formed to identify and complete Health Impact Assessments related to zoning beginning in April 2017. | completed a health impact assessment evaluating missed |
| 6. Implement the Municipal Separate Storm Water Sewer Systems (MS4) storm water permits for all municipalities in Jefferson County | Number of MS4 permits | Ongoing through November 2019 | Environmental Protection Agency, Alabama Department of Environmental Management, Jefferson County Department of Health, Municipalities | Graysville and Trussville received MS4 permits on October 1, 2016 and January 1, 2017, respectively. Birmingham is expected to receive its permit during Summer 2017. | Birmingham's MS4 permit data was published for public review and comment in August 2017. Birmingham's MS4 final permit is scheduled to be issued by December 2017. In July 2017, the following municipalities received MS4 permits: Homewood, Irondale, Mountain Brook, Tarrant and Vestavia Hills. Gardendale, Hueytown, Midfield and Pleasant Grove received MS ₄ permits in August 2017. On September 1, 2017, these municipalities received MS4 permits: Adamsville, Brighton, Brookside and Fairfield. Lipscomb received its MS4 permit on October 1, 2017. |
| Strategy 4. Imp | rove technical capacity of | municipalities in | planning through No | vember 2019. | |
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
| 1. Create a Comprehensive Plan for each municipality in Jefferson County | Number of municipalities with an Comprehensive Plan | Ongoing through November 2019 | Regional Planning Commission of Greater Birmingham | Center Point adopted its comprehensive plan in April 2017. Homewood's City Council initiated the Soho Square Land Use Plan in early 2017; the Regional Planning Commission of Greater Birmingham is conducting a parking study for this plan. | Homewood's Soho Square Land Use Plan is underway with completion expected by Spring 2018. Adamsville initiated discussion with the Regional Planning Commission of Greater Birmingham regarding a comprehensive plan for the city. |
| | | thuough Novembe | r 2010 | | |
| Strategy 5. Ado | pt shared use agreements | uirougii Noveilibe | . 2019. | | |
| Strategy 5. Ado | pt shared use agreements Performance Measures | Target Date | | November 2016 - April 2017 | May 2017 - October 2017 |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|---------------|---|----------------------------|---|
| 1. Identify core measures of Quality of Life in Birmingham neighborhoods | List of core measures | November 2017 | Regional Planning Commission of Greater Birmingham, City of Birmingham, University of Alabama's Schools of Public Health and College of Arts and Sciences, Department of Sociology, and the Edge of Chaos | Not applicable. | Completed. The core Quality of Life measures were identified using the Health Communities Assessment Tool (HCAT). |
| 2. Collect data on the core Quality of Life measures at the neighborhood level | Neighborhood Report Cards | November 2017 | Regional Planning Commission of Greater Birmingham, City of Birmingham, University of Alabama's Schools of Public Health and College of Arts and Sciences, Department of Sociology, and the Edge of Chaos | Not applicable. | Completed. Neighborhood data was collected on the identified Quality of Life measures for 20 Birmingham neighborhoods. The data was compiled to provide a neighborhood-specific Quality of Life score. The collected measures and scores were reported in the draft Shape Bham report (www.shapebham.com). |
| 3. Conduct community engagement meetings to identify Quality of Life constructs of importance to community residents | Date of community engagement meetings | November 2017 | Regional Planning Commission of Greater Birmingham, City of Birmingham, University of Alabama's Schools of Public Health and College of Arts and Sciences, Department of Sociology, and the Edge of Chaos | | Completed. |
| 4. Conduct stakeholder meeting(s) to identify Quality of Life constructs of importance to stakeholders | Date of stakeholder meetings | November 2017 | Regional Planning Commission of Greater Birmingham, City of Birmingham, University of Alabama's Schools of Public Health and College of Arts and Sciences, Department of Sociology, and the Edge of Chaos | Completed. | Completed. Additional stakeholder meetings to present format options for the Shape Bham Report Card and to communicate findings from the community engagement meeting were held in September 2017 and scheduled for November 2017. |

Strategy 6. Inform residents and members of the local public health system of built environment constructs and measures impacting Quality of Life in Birmingham through

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|------------------------------|--------------|---|----------------------------|--|
| 5. Conduct community education meetings to communicate the results of the data collected for the neighborhood quality of life measures | | January 2018 | Regional Planning Commission of Greater Birmingham, City of Birmingham, University of Alabama's Schools of Public Health and College of Arts and Sciences, Department of Sociology, and the Edge of Chaos | | Community education meetings are scheduled for November and December 2017. |
| 5. Meet with the Birmingham City Council and conduct raining on Quality of Life measures | Date of city council meeting | January 2018 | Regional Planning Commission of Greater Birmingham, City of Birmingham, University of Alabama's Schools of Public Health and College of Arts and Sciences, Department of Sociology, and the Edge of Chaos | | Birmingham City Council training on the Quality of I measures is scheduled for December 2017. |

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--|--|--|---|---|--------------------------|
| Regional Planning Commission of Greater Birmingham: Number of tax delinquent parcels in the City of Birmingham | There are 16,826 tax delinquent parcels in the City of Birmingham; 7,071 of these properties have been tax delinquent since at least 2009 | | Decrease the number of tax delinquent properties by 5% | Data requested | |
| City of Birmingham: Number of open condemnation cases | Baseline data is under preparation by the City of Birmingham | | Decrease the number of open condemnation cases by 5% | Data requested | |
| City of Birmingham: Number of property maintenance code violations | Baseline data is under preparation by the City of Birmingham's Planning, Engineering and Permits Division | | Decrease the number of property maintenance code violations by 5% | Data requested | |
| Jefferson Tax Assessor: Number of tax delinquent properties | 29,159 delinquent residential and commercial properties | | 27,6701 delinquent residential and commercial properties or less | Data requested | |
| Strategy 1: Redu | ice the number and perce | ntage of vacant or r | un-down properties | by November 2019. | |
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
| 1. Conduct field surveys to identify dilapidated and deteriorated properties | Number of municipalities completing field surveys | Five communities in three Framework Plan Areas by February 2015, with the addition of six more communities from two Framework Plan Areas by December 2016 | Commission, UAB School of Public Health | Completed and ongoing. Birmingham City Planning continues work with the Regional Planning Commission of Greater Birmingham to create Framework Plans. The Birmingham Planning Commission adopted the Southwest (Southwest, Grasselli, and Brownville) Framework Plan on May 3, 2017, bringing the total of approved Framework Plans to five. The Birmingham Planning Commission will continue consideration of the Northeast (Huffman, East Pinson Valley, Roebuck-South, East Lake and Cahaba) Framework Plan on June 21, 2017. Public hearings to rezone the North Birmingham and Titusville Framework Plan areas to reflect the adopted plans are scheduled for May 30, 2017 and June 13, 2017, respectively. | deteriorated properties. |
| 2. Implement the RISE initiative, including the Preserving the Wealth of Communities Campaign in the City of Birmingham | Number of properties cleared through the Land Bank Authority Number of properties with alleviated code violations Number of condemned properties demolished Number of wills established | | Birmingham Land Bank Authority, City of Birmingham, Habitat for Humanity | Completed and ongoing. During the reporting period, 119 properties were demolished. | Completed and ongoing. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|----------------------------------|--|---|--|
| 3. Enforce existing Property Maintenance Codes through Community Municipal Courts | Number of municipal court cases Number of pretrial diversion classes | Ongoing through November 2019 | City of Birmingham, Municipal Courts, Birmingham Land Bank Authority | No update received. | No update received. |
| 4. Implement the Side Lot Program to encourage property maintenance of tax delinquent properties | Number of properties maintained through the Side Lot Program | November 2019 | Birmingham Land Bank Authority | Completed and ongoing. Currently, there are 170 Active Side Lot Agreements and 148 Adopt-a-Lot Agreements. Additionally, 280 properties are in the Quiet Title process. | Completed and ongoing. |
| 5. Create a Blight Index to document and address blight in Birmingham | Creation date of Blight Index | December 2016 | | The City of Birmingham's Planning, Engineering and Permits Department continued to develop the Blight Index to quantify neighborhood blight and change in blight over time. | The City of Birmingham's Planning, Engineering and Permits Division continued to develop the Blight Index to quantify neighborhood blight and change in blight over time. |
| | | | | | |
| Strategy 2. Incre | ease the number of public | access sidewalks | by November 2019. | I | |
| Strategy 2. Incre Tactics/Activities | ease the number of public | access sidewalks | | November 2016 - April 2017 | May 2017 - October 2017 |
| Tactics/Activities | | | Lead Partner(s) City of Birmingham City Engineers, | November 2016 - April 2017 Phase Two of the City of Birmingham's Sidewalk Master Plan remains in progress and will include recommendations for Americans with Disabilities Act (ADA) improvements. The sidewalk assessment is scheduled for completion by December 2018. | May 2017 - October 2017 Phase Two of the City of Birmingham's Sidewalk Plan is drafted and scheduled for release in 2018. The City of Birmingham Multi-Modal Plan remained in development and is scheduled for completion in September 2018. |
| Tactics/Activities 1. Create and implement a Sidewalk Master Plan for the City of | Performance Measures City of Birmingham's Master Sidewalk Plan and creation | Target Date | Lead Partner(s) City of Birmingham City Engineers, Alabama Department of Transportation MAX Transit, City of Birmingham, | Phase Two of the City of Birmingham's Sidewalk Master Plan remains in progress and will include recommendations for Americans with Disabilities Act (ADA) improvements. The sidewalk assessment is | Phase Two of the City of Birmingham's Sidewalk Plan is drafted and scheduled for release in 2018. The City of Birmingham Multi-Modal Plan remained in development |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|------------------------------------|---|---|--|
| 1. Increase park ranger, City Action Partnership (CAP) officer and Birmingham Police Department visibility in parks to enforce existing park rules concerning disruptive behavior | Patrol data | April 2015 | | City Action Partnership (CAP) patrols five Birmingham parks: Kelly Ingram, Linn, Railroad, Eddie Kendrick and History Parks. Kelly Ingram Park continues to be patrolled by CAP; however, it is expected that the National Park Service will soon be assisting with patrols. CAP patrols the Rotary Trail and the 9/11 Memorial Walk. Birmingham Police provide patrols for public parks; however, no park rangers have been hired to date. | City Action Partnership continued to patrol five Birmingham parks: Kelly Ingram, Linn, Railroad, Eddie Kendrick and History Parks. Kelly Ingram Park continued to patrolled by CAP; the National Park Service has not begun assisting with patrols for this park. Park patrols were removed from the City of Birmingham's budget, and the City of Birmingham is considering the use of citizen patrol groups rather than park rangers to patrol parks. |
| 2. Create an educational campaign related to community safety and the City of Birmingham's 311 reporting system | Number of educational materials or media provided Number of contacts made Number of meetings | Ongoing beginning in April 2015 | Birmingham Mayor's Office, Black People Run Bike Swim | Black People Run, Bike and Swim hosted one Bike Safety/Tune up event and held training sessions and speed work for local walkers and runners. | The Birmingham 311 on-line application launched in September 2017. No educational campaigns for the 311 reporting system were reported during this reporting period. |
| 3. Establish school zone signage in public spaces | Number of signs | November 2017 | Safe Routes to School, City of Birmingham | Completed and ongoing. Safe Routes to School and Birmingham's Traffic Engineering Division identified and purchased 130 school zone/cross walk signs. The Birmingham City School District School Travel policy is under development. Avondale Elementary School is developing a school travel plan. Avondale Elementary School, Safe Routes to School and City of Birmingham officials have met to develop the plan and make recommendations for school travel policies. A meeting with school officials is scheduled in June 2017 to present findings from city officials for Avondale Elementary's school travel plan. | Completed and ongoing. The Birmingham City School District School Travel Policy and Avondale Elementary School's School Travel Plan remain in development. The June 2017 meeting with Avondale Elementary School officials did not occur as modifications to the School Transportation Plan were needed. |
| 4. Continue and expand the City Action Partnership (CAP) patrols in parks from the Birmingham-Jefferson Civic Center to 5th Avenue South and Railroad Park | Number of parks patrolled Baseline: 4 parks are patrolled by CAP | Ongoing through November 2019 | City Action Partnership | City Action Partnership (CAP) patrols five Birmingham parks: Kelly Ingram, Linn, Railroad, Eddie Kendrick and History Parks. Kelly Ingram Park continues to be patrolled by CAP; however, it is expected that the National Park Service will soon be assisting with patrols. CAP patrols the Rotary Trail and the 9/11 Memorial Walk. | City Action Partnership continued to patrol five Birmingham parks: Kelly Ingram, Linn, Railroad, Eddie Kendrick and History Parks. Kelly Ingram Park continued to patrolled by CAP; the National Park Service has not begun assisting with patrols for this park. |
| 5. Continue Black People Run Bike Swim's complaint reporting process | Number of complaints received | Ongoing through November 2019 | Black People Run Bike Swim | During the reporting period, Black People Run, Bike and Swim received and reported zero complaints to the City of Birmingham. | No update received. |
| 6. Discourage unpermitted food vendors in public spaces by providing designated processes for permitting food vendors | Number of complaints received by the Jefferson County Department of Health regarding unpermitted food vendors | Ongoing through November 2019 | Jefferson County Department of Health, Birmingham Police, City of Birmingham | Completed and ongoing. The Jefferson County Department of Health received thirteen complaints regarding unpermitted food vendors. The City of Birmingham developed a food truck ordinance that designates permitted places for food truck operation supporting the identification of unpermitted food vendors. | Completed and ongoing. During the reporting period, the Jefferson County Department of Health received 17 complaints regarding unpermitted food vendors. The City of Birmingham's Food Truck Ordinance continued to designate permitted places for food truck operation to support the identification of unpermitted food vendors. |

Strategic Issue 4: Optimize Healthcare Access, Availability and Utilization

Goal 1. Increase the communication and utilization of health status monitoring data by providing key monitoring outcomes to community stakeholders beginning November 2014.

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--------------------------------|------------------------------|-------------------------|-------------------------|---|-------------|
| | | | | | |
| Jefferson County Department of | Current version published in | - | | Updated health data are included in the 2016 Jefferson | |
| Health: Community Health | August 2014 | | | County Department of Health Annual Report. | |
| Status Assessment | | republish in August | republish in August | | |
| | | 2016 | 2018 | | |
| Non-profit Hospitals in | Non-profit Hospitals in | Update and republish | Update and republish | The 2016 Community Health Needs Assessments for non- | |
| Jefferson County: Community | Jefferson County and most | Community Health | Community Health | profit hospitals in Jefferson County are completed and | |
| Health Needs Assessment | recent Community Health | Needs Assessment: | Needs Assessment: | available on the hospitals' website. (Princeton Baptist has | |
| | Needs Assessment publication | St. Vincent's | St. Vincent's | merged with Brookwood Medical Center and is no longer | |
| | date: | Birmingham - 2015 | Birmingham - 2018 | a non-profit hospital) | |
| | St. Vincent's Birmingham - | St. Vincent's East - | St. Vincent's East - | | |
| | 2012 | 2015 | 2018 | | |
| | St. Vincent's East - 2012 | Princeton Baptist | Princeton Baptist | | |
| | Princeton Baptist Medical | Medical Center - 2016 | Medical Center - 2019 | | |
| | Center - 2013 | UAB Hospital - 2016 | UAB Hospital - 2019 | | |
| | UAB Hospital - 2013 | Children's of Alabama - | Children's of Alabama - | | |
| | Children's of Alabama - 2013 | 2016 | 2019 | | |
| | _ | | | | |
| | | | | | |

Strategy 1. Increase the communication of results from health monitoring activities by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 | |
|---|---|-------------|---|---|---|--|
| Health Status Assessment every | Documentation of <u>Community</u> <u>Health Status Assessment</u> distribution to community stakeholders | | Jefferson County Department of Health, UAB School of Public Health | included in the 2016 Jefferson County Department of | Completed and ongoing. Updated health data are included in the 2016 Jefferson County Department of Health Annual Report. | |
| 3. Communicate nonprofit hospitals' Community Health Needs Assessments and annual updates | Publication date on hospital's website | | Local non-profit hospitals | Vincent's Birmingham, St. Vincent's East and UAB | Complete and ongoing. Jefferson County's non-profit hospitals maintain a current Community Needs Assessments through the hospital's websites. | |
| 4. Create a subcommittee to develop a summary report of non-profit hospital's Community Health Needs Assessments and key indicators for residents and stakeholders | Summary Report publication dates | | Jefferson County Department of Health, St. Vincent's Health System | This tactic has not been initiated. | This tactic has not been initiated. | |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|--|---|--|---|
| 1. Educate the Local Public Health System about the need for consideration of health monitoring assessments in the development of policies | Number of education sessions provided Number of Local Public Health System representatives reached | January 2018 | Birmingham Area Coalition, Jefferson | Complete and ongoing. Data from policy scans will be published in wellness policy briefs expected to be available in July 2017. The wellness policy briefs will support school wellness council creation in Hemphill and Washington Elementary Schools. | Complete and ongoing. The Gulf States Health Policy Center developed and published a wellness policy brief in summer 2017 and utilized this wellness policy brief to provide technical assistance to Hemphill Elementary and Washington K-8 Schools in creating school wellness councils. |
| 2. Provide relevant health- related data to local leaders for consideration in proposed policy issues | Number of requests for health- related data to support policy initiatives Documentation of submission of data to Local Public Health System representatives Minutes from policy development meetings Number of policies where health impact was considered during deliberation | ongoing [Baseline to be | Gulf States Health Policy Center's Birmingham Area Coalition, Health Action Partnership of Jefferson County, Jefferson County Department of Health, UAB School of Public Health | Complete and ongoing. | Complete and ongoing. The Health Action Partnership's Optimize the Built Environment, Transportation and Safety Priority Group assisted the City of Birmingham developing a Complete Streets policy which if, passed, would mandate a council to review street improvement and development projects to consider Complete Streets compliance. A Complete Streets event to educate Birmingham City leaders and community members on the benefits of Complete Streets policy has been planned for early November 2017. |
| 3. Provide the Alabama Department of Public Health with current updates of Jefferson County's Community Health Status Assessment for consideration in policy development | Documentation of data submission to the Alabama Department of Public Health | November 2014 and biennially thereafter | - | Complete and ongoing. The Jefferson County Department of Health (JCDH) provided the most recently updated health information to the Alabama Department of Public Health (ADPH) via the JCDH Annual Report, JCDH additionally provided Jefferson County health data to ADPH and other state agencies through the Alabama Healthcare Data Collaborative. | Complete and ongoing. The Jefferson County Department of Health (JCDH) provided the most recently updated health information to the Alabama Department of Public Health (ADPH) via the JCDH Annual Report. JCDH additionally provided Jefferson County health data to ADPH and other state agencies through the Alabama Healthcare Data Collaborative. Geographically mapped data regarding neonatal abstinence syndrome data was created and provided to the Alabama Healthcare Data Collaboration. |
| 4. Identify and communicate available resources related to health monitoring for Local Public Health System members | Documentation of the communication of resources to the Local Public Health System Documents produced and distributed | January 2016 and ongoing | Regional Planning Commission of Greater Birmingham, The City of Birmingham, UAB | Jefferson County and My Brothers Keeper. | Complete and ongoing. The 30 month update to the Community Health Improvement Plan for Jefferson County, Alabama 2014 -2019 Work Plan remains available on the Jefferson County Department of Health (JCDH) website. JCDH provided data to UAB School of Nursing on neonatal outcomes to support the Nurse Family Partnership (NFP) program designed to reduce infant mortality. JCDH provided data for the UAB School of Public Health's Community Health from Engagement and Environmental Renewal (CHEER) project exploring blight, unemployment and other environmental risk factors and provided data on public health nuisances for the Shape Bham project. The Regional Planning Commission of Greater Birmingham, in collaboration with the City of Birmingham and UAB, developed Shape Bham, a health community assessment tool, providing date regarding the quality of life in twenty City of Birmingham neighborhoods. |

Goal 2. Increase access of Jefferson County Residents to primary health and dental care by November 2019.

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--|--|-------------------|---|--|-------------|
| Alabama Board of Medical Examiners: Ratio of Primary Care Providers to Population (Family Practice, Internal Medicine, OBGYN, Pediatrics) | One primary care provider for every 474 residents of Jefferson County | | Reduce the ratio of primary care providers to population by 5% to 1:450 | One primary care physician per 939 population (County Health Rankings, 2014 data reported in 2017) Current data requested from the Alabama Board of Medical Examiners | |
| Alabama Board of Dental Examiners: Ratio of Dentists to Population | One dentist for every 1,148 residents of Jefferson County | | Reduce the ratio of dentists to population by 5% to 1:1,091 | One dentist per 1,048 population (2015 population base, June 2017 active dentist count) | |
| Alabama Board of Nursing: Ratio of Nurse Practitioners to Population Alabama Board of Medical Examiners: Number of Collaborative Practice Agreements between physicians and nurse practitioners | Nurse Practitioners to Population Ratio is 1:732 The Alabama Board of Medical Examiners will provide the number of Collaborative Practice Agreements for Nurse Practitioners by March 1, 2015 following the current relicensing cycle | | Decrease the ratio of Nurse Practitioners to population by 5% to 1:695; increase the number of Nurse Practitioner Collaborative Practice Agreements by 10% | Data requested | |
| Alabama Board of Medical Examiners: Ratio of Physician Assistants to Population Alabama Board of Medical Examiners: Number of Collaborative Practice Agreements between physicians and physician assistants | Physician Assistant to Population Ratio is 1:3,267 The Alabama Board of Medical Examiners will provided the number of Collaborative Practice Agreements for Physician Assessments by March 1, 2015 following the current relicensing cycle | | Decrease the ratio of physician assistants to population by 5% to 1:3,104; Increase the number of Physician Assistant Collaborative Practice Agreements by 10% | Data requested | |
| Alabama Medicaid: Number of Medicaid providers in the ollowing categories: ohysicians, dentists, nurse oractitioners, physician assistants and mental health providers | Physicians - 1,258 Nurse Practitioners - 760 Physician Assistants - 104 Dentists - 199 Mental Health Providers - 57 | | Increase the number of Medicaid providers by category from baseline by 5% | Data requested | |

Strategy 1. Close the coverage gap in Alabama's Medicaid Program by advocating for increased participation and access to care.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|---------------------------|--|---|--|
| 1. Support the efforts of the Statewide Alabama's BEST (A Better Economy Starts Today) Coalition relative to closing the Medicaid insurance coverage gap | Alabama's BEST Coalition Minutes from Alabama's BEST Coalition | | Coalition, Alabama Hospital Association | coverage gap have effectively ended. Efforts are now focused on defending the Affordable Care Act (ACA) from repeal and preserving the federal match program. | Efforts during this reporting period focused on retaining the medical insurance options previously available through the Affordable Care Act (ACA). Navigators continue to recruit individuals for coverage under the ACA and educate new and existing consumers on revised ACA guidelines. |
| 2. Support other advocacy campaigns for closing the Medicaid coverage gap. | Advocacy campaign components | November 2015 and ongoing | Jefferson County Task Force; Engage Alabama | #Iammedicaid , to communicate the needs of Alabama's families and health care providers related to | The repeal and replace efforts for the Affordable Care Act (ACA) at the national level will determine how Alabama addresses the coverage gap. The #Iammedicaid program continued during this reporting period. |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|------------------------------|--|---|--|
| 1. Establish or continue task forces for nurse practitioner and physician assistant constituencies | Provider-specific task force membership lists Minutes from provider task force meetings | November 2015 and ongoing | Nurse Practitioner Alliance of Alabama, Alabama Society of Physician Assistants | Completed and ongoing. Plans for a legislative agenda to provide global signature authority for nurse practitioners and physician assistants is planned for fall 2017. The nurse practitioner post-graduate experience is transitioning from a single site program at the Jefferson County Department of Health to one supported by a consortium of agencies. Cahaba Medical Care will serve as the residency program's lead agency. The next cohort of nurse practitioner post-graduate trainees is expected to begin in October of 2017. | Completed and ongoing. With support from the Nurse Practitioner Alliance of Alabama, an Universal Signature Authority bill was drafted in September 2017 and is expected to be pre-filed for the 2018 Alabama Legislative Session. This bill seeks to authorize nurse practitioners and physician assistants to sign documents that currently only physicians can sign as a means to increase access to care. |
| 2. Create an advocacy campaign for nurse practitioner and physician assistant constituencies | Advocacy campaign components Documentation of the distribution of advocacy materials | November 2015 and ongoing | Nurse Practitioner Alliance of Alabama, Alabama Society of Physician Assistants | Completed and ongoing. The Nurse Practitioner Alliance of Alabama hired staff to assist with advocacy, increase the organization's membership base and network with physician assistants and other health professionals. | Completed and ongoing. The Nurse Practitioner Alliance of Alabama continued to assist with advocacy, worked to increase the organization's membership base and networked with physician assistants and other health professionals. |
| Development of draft policies and position statements | Number of draft policies or position statements expanding roles of nurse practitioners and physician assistants Number of approved policies expanding the roles of nurse practitioners and physician assistants | December 2016 | Nurse Practitioner Alliance of Alabama, Alabama Society of Physician Assistants; Jefferson County Department of Health for policy counts | Completed and ongoing. The Nurse Practitioner Alliance of Alabama continues to monitoring the 2015 rule changes related to quality of care. While the Alabama Legislature created a scholarship/loan mechanism for physician assistants serving rural Alabama in the 2016 Legislative Session, the program was not funded for 2017. | Completed and ongoing. With support from the Nurse Practitioner Alliance of Alabama, a Universal Signature Authority bill was drafted in September 2017 and is expected to be pre-filed for the 2018 Alabama Legislative Session. This bill seeks to authorize nurse practitioners and physician assistants to sign documents that currently only physicians can sign as a means to increase access to care. |
| 4. Draft and advocate for the passage of legislation enabling pharmacists to enter into collaborative practice agreements for patient care. | Alabama Pharmacist Collaborative Practice Legislation | November 2016 | Alabama Pharmacy Association, Alabama, Alabama Society of Health System Pharmacists | The Alabama Board of Pharmacy and the Alabama Board of Medical Examiners determined that current regulations neither enable the creation of Collaborative Agreements between pharmacists and physicians nor does it prohibit such relationships. Both entities will allow these agreements to be developed or maintained. | The Alabama Board of Pharmacy and the Alabama Board of Medical Examiners determined that current regulations neither enable the creation of Collaborative Agreements between pharmacists and physicians nor does it prohibit such relationships. Both entities will allow these agreements to be developed or maintained. |
| 5. Create and support post- graduate training programs for nurse practitioners. | Number of training programs available for post-graduate nurse practitioner and physician assistants | November 2019 | Jefferson County Department of Health, Christ Health Center, Cahaba Medical, UAB School of Nursing | Completed and ongoing. The Jefferson County Department of Health initiated a Post-Graduate Nurse Practitioner Training Program in October 2017 with three nurse practitioners. | Completed and ongoing. The Jefferson County Department of Health's (JCDH) pilot Post-Graduate Nurse Practitioner Training Program was completed on October 31, 2017. JCDH hired two of the three graduates of this program. Community and academic partners revised the Post-graduate Nurse Practitioner Training Program to include additional partners and to continue the focus on primary care in underserved populations. Partners in the Post-graduate Nurse Practitioner Training Program include JCDH, Cahaba Medical Care, Christ Health Center, and the UAB School of Nursing. Two nurse practitioners were selected for participation in the revised program beginning in January 2018. |

Strategy 3. Increase the number of primary care providers and dentists who accept Medicaid by 5% by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|---------------|--|---|---|
| 1. Develop a strategy for increasing the number of primary care and dental providers accepting Medicaid | Strategy components Implementation plan | November 2017 | System; Project Access; Christ Health Center; | achieved during this time period included: attainment of operational x-ray equipment for Christ Health Center, | St. Vincent's Health System (SVHS) continues to met regularly with Christ Health Center to ease patient flow between the two agencies. Uninsured and Medicaid patients from SVHS are placed in a medical home within the SVHS clinics regardless of insurance status. |

Strategy 4. Increase the provision of primary and dental health care services to underinsured and uninsured residents through the safety net system of Federally Qualified Health Care Centers, Cooper Green Mercy Health Services and the Jefferson County Department of Health by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|------------------------------------|--|---|---|
| 1. Support the initiation and continuation of Federally Qualified Health Centers in Jefferson County by providing data for Federally Qualified Health Center applications and reapplications | | Ongoing through November 2019 | Jefferson County Department of Health, Alabama Primary Care Association | Completed and ongoing. No data requests to support new or continued FQHC or FQHC Look-a-Like applications were received by the Alabama Primary Health Care Association or the Jefferson County Department of Health. | Completed and ongoing. The Jefferson County Department of Health provided data to Cahaba Medical Care for supporting its Jefferson County Access Point applications. The Alabama Primary Care Association hosted a statewide conference in May 2017 where the Jefferson County Department of Health provided a presentation on data to support FQHC applications and renewals. |
| 2. Educate healthcare professionals about services offered by Federally Qualified Health Centers, Cooper Green Mercy Health Services and the Jefferson County Department of Health | healthcare professionals | Beginning January 2016 | | Completed and ongoing. The Jefferson County Department of Health's revised <u>Guide to Health Services</u> is available in both English and Spanish. Cooper Green Mercy Health Services continues to provide education regarding its services. | Completed and ongoing. The Jefferson County Department of Health's revised <u>Guide to Health Services</u> is available online and through health fairs and other events in English and Spanish. Cooper Green Mercy Health Services continued to provide education regarding its services. |
| 3. Educate Jefferson County residents regarding Jefferson County Department of Health's services and locations | Marketing materials, including Spanish language materials Jefferson County Department of Health patient volume statistics | Ongoing beginning December 2014 | | Completed and ongoing. The Jefferson County Department of Health (JCDH) participated in 88 community events during this reporting period where its services were communicated. The Supplemental Nutrition Program for Women, Infants and Children (WIC) provided information on JCDH services at seven events. JCDH held a Community Health Day on April 1, 2017 where 1,080 individuals received information about JCDH and select local health care system services. The Hispanic Healthcare Task Force provided information regarding JCDH services at six Cahaba Valley Health Care Sunday Clinics and two church-based community events. | Completed and ongoing. The Jefferson County Department of Health (JCDH) participated in La Fiesta on September 30, 2017, implemented a Family Planning marketing campaign and participated in 78 outreach activities and events where its services are communicated. |

Strategy 4. Increase the provision of primary and dental health care services to underinsured and uninsured residents through the safety net system of Federally Qualified Health Care Centers, Cooper Green Mercy Health Services and the Jefferson County Department of Health by November 2019. (continued)

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|--|--|--|---|
| 4. Educate Jefferson County residents regarding the services and locations of Federally Qualified Health Centers and Look-a-Likes and other entities providing health and dental care to the underinsured and uninsured | Number of presentations to the community and Local Public Health System regarding service providers for the underinsured and uninsured | November 2014 and ongoing | Alabama Primary | Completed and ongoing. Cooper Green Mercy Health Services continues to provide education regarding its services. This contributed to a 24.5% increase in service enrollment from the prior year. | Completed and ongoing. Cooper Green Mercy Health Services continued to provide education regarding its services, resulting in a 21.3% increase in patient volum Christ Health Center participated in La Fiesta in September, 2017 where attendees were educated on its services. |
| | Volume of Jefferson County residents who are serviced by Jefferson County Federally Qualified Health Centers and Look-alikes or other providers | Annually beginning with 2014 data when available | Community Roundtable, Alabama Primary Healthcare Association, Project Access, Cooper Green Mercy Health Services, Jefferson County Department of Health | Complete and ongoing. Between November 1, 2016 and April 30, 2017, 45,212 Jefferson County residents received health care through a Federally Qualified Health Clinic (FQHC), the Jefferson County Department of Health or Cooper Green Mercy Health Services. Cahaba Medical Care, an FQHC, opened two service sites in Jefferson County. A third Cahaba Medical Care site in Jefferson County is expected to be operational by September 2017. Aletheia House received FQHC Access Site designation on April 6, 2017. Alabama Regional Medical Services added a service site, and Christ Health Center is acquiring an additional clinic site. Project Access links indigent patients ineligible for specialty health care support through charity and governmental programs with specialty care services. | Complete and ongoing. Between May 1, 2017 and September 31, 2017, 44,442 Jefferson County resident received healthcare through a Federally Qualified Hea Center (FQHC), the Jefferson County Department of Health or Cooper Green Mercy Health Services. On October 1, 2017, Christ Health Center opened an additional service site in Chalkville. Alabama. Cahaba Medical Care will open a third access point in Jefferson County during fall 2017. Cooper Green Mercy Health Services provides space to the Cahaba Valley Health Center to support dental care for the uninsured. Alethet House contracted with Foundry Dental Center to provi dental care for its clients. The Aletheia House, an FQH operates a full-service clinic at its Arlington Avenue sit and at the Foundry Health Center. |

| Strategy 5. Link Jefferson County reside | ents without primary and dental health | care coverage to available and appropr | riate health insurance providers by November 2019. | |
|--|--|--|--|--|
| | | | | |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|----------------------|-------------|---|---|---|
| 1. Facilitate an increase in the proportion of the population with medical insurance through the Affordable Care Act and Medicaid enrollment | health insurance as | | Health Services, Jefferson County Department of Health, | health care insurance. Targeted outreach activities reached 842 persons. Enroll Alabama marketing through al.com had 693,994 views and Facebook had 261,482 views. | Enroll Alabama provided Affordable Care Act (ACA) insurance enrollment outreach to 795 individuals through targeted outreach and reached 39,390 individuals via its Facebook page. The 2018 ACA insurance enrollment window has been shortened and its marketing budget reduced, which may decrease enrollment. Christ Health Center provided outreach to Lovelady Center clients to assist with ACA insurance enrollment. |

Goal 3. Increase the utilization of preventive health screening for select health conditions by 5% by November 2019.

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--|--|---|--|--|-------------|
| Behavioral Risk Factor Surveillance Survey: Pap Smear Completion Rate | 80.6% of age appropriate women receive a pap smear based on national recommendations | Increase the pap smear completion rate by 2.5 % to 82.6% | Increase the pap smear completion rate by 5.0% to 84.6% | 2016 BRFSS Data expected in late summer 2018 | |
| Behavioral Risk Factor Surveillance Survey: Mammography Completion Rate | 84% of age appropriate women received a mammogram based on national recommendations | mammography | Increase the mammography completion rate by 5.0% to 88.2% | 2016 BRFSS Data expected in late summer 2018 | |
| Behavioral Risk Factor Surveillance System: Colonoscopy/Sigmoidoscopy | 72.5% of age appropriate adults received a colonoscopy or sigmoidoscopy based on national recommendations | Increase the colonoscopy/ sigmoidoscopy completion rate by 2.5 % to 74.3% | Increase the colonoscopy/ sigmoidoscopy completion rate by 5.0% to 76.1% | 2016 BRFSS Data expected in late summer 2018 | |
| Alabama Department of Public Health: Percentage of Fitway Completions (colorectal screening) performed at the Jefferson County Department of Health | 69.4% Fitway test completion rate among the 235 Fitway enrolled patients | the Fitway screening program by 10% to | Increase the number of patients enrolled in the Fitway screening program to 20% from baseline to 282 with an increased return rate of 30% to 90.2% by July 2019 | Data expected in early 2018 | |

Strategy 1. Increase the percentage of age appropriate women receiving a pap smear based on national recommendations from 80.6% to 84.6% by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|---------------|--|---|---|
| 1. Identify the barriers to receipt of pap smears | Results from national literature review of testing barriers | November 2014 | UAB School of Nursing Center for Research | Completed. | Completed. |
| 2. Provide education and conduct public awareness campaigns on cervical cancer detection and pap smears | Documentation of campaigns Number of educational presentations | November 2016 | Jefferson County Department of Health, UAB Comprehensive Cancer Center, American Cancer Society | Alabama Breast and Cervical Cancer Early Detection Program (ABCCEDP) distributed educational material at the Komen Circle of Promise event. The ABCCEDP maintains partnerships with The Susan G. Komen Foundation, American Cancer Society and the Deep South Cancer Network. The American Cancer Society (ACS) worked with Federally Qualified Health Centers to | Completed and ongoing. Christ Health Center continued to participate in the Alabama Breast and Cervical Cancer Early Detection Program (ABCCEDP) for network referral. The UAB Comprehensive Cancer Center provided a presentation on cervical cancer screening reaching 22 individuals. The American Cancer Society provided pap smear reminders. The American Cancer Society collaborated with ABCCEDP to promote cervical cancer awareness and participation in screening. |

Strategy 2. Increase the percentage of age appropriate women receiving a mammogram based on national recommendations from 84.0% to 84.6% by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--------------------|------------------------------|-------------|--|----------------------------|-------------------------|
| | literature review of testing | | UAB School of Nursing Center for Research | Completed. | Completed. |
| | barriers | | | | |

Strategy 2. Increase the percentage of age appropriate women receiving a mammogram based on national recommendations from 84.0% to 84.6% by November 2019. (continued)

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|---------------|--|---|---|
| 2. Provide education and conduct public awareness campaigns on breast cancer detection and mammography | Documentation of campaigns Number of educational presentations | November 2016 | Public Health, Jefferson County Department of Health, UAB Comprehensive Cancer Society, American Cancer Society | Alabama Breast and Cervical Cancer Early Detection Program (ABCCEDP) distributed educational material at the Komen Circle of Promise event. The ABCCEDP maintains partnerships with The Susan G. Komen Foundation, American Cancer Society and the Deep | Completed and ongoing. The UAB Comprehensive Cance Center provided a presentation on breast cancer awareness and screening reaching 38 individuals. The American Cancer Society and the Alabama Breast and Cervical Cancer Early Detection Program (ABCCEDP) promoted breast cancer awareness and participation in screening. |

Strategy 3. Increase the percentage of age appropriate adults receiving a colonoscopy or sigmoidoscopy based on national recommendations from 75.5% to 76.1% by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|---------------|---|---|---|
| 1. Identify the barriers to colorectal screening | Results from national literature review of testing barriers | November 2014 | UAB School of Nursing Center for Research | Completed. | Completed. |
| 2. Provide education and conduct public awareness campaigns regarding colorectal cancer screening, including colonoscopy, sigmoidoscopy and blood stool screening | Documentation of campaigns Number of educational presentations | November 2016 | Public Health, Cooper Green Mercy Health Services, Jefferson County Department of Health, American Cancer Society, UAB Comprehensive Cancer Center | kits Of the kits distributed, 81.2% were returned. Forty- five patients were referred for colonoscopies. The Jefferson County Department of Health provided Fitway® colorectal screening kits to 114 patients with a return rate of 70.2%. The American Cancer Society (ACS) collaborated with Federally Qualified Health Centers (FQHCs) to improve system policies and reduce structural barriers related to screening activities. ACS worked with Project Access and the Jefferson County Health Action Partnership to increase access to care, provide second level screening and to assist patients with | Completed and ongoing. The Jefferson County Department of Health distributed colorectal cancer screening kits to 59 patients during this reporting period and attained a completion rate of 44.1%. Cooper Green Mercy Health Services distributed 229 colorectal cancer screening kits and achieved a 72.5% completion rate. The UAB Comprehensive Cancer Center provided three presentations on colorectal cancer awareness and screening reaching 203 individuals. The American Cancer Society identified Clinical Champions within local FQHCs to promote colorectal cancer screening and collaborated with the Colorectal Cancer Control Program (CRCCP) to provide additional screening for Federally Qualified Health Center patients. |

Strategic Issue 5: Improve Mental Health

Goal 1. Increase the availability of and access to mental health services for children and adults by at least 10% from current rates by November 2019.

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--|--|-------------------|--|---|-------------|
| County Health Rankings: Mental Health Provider to Population Ratio | One mental health provider per 1,024 population | | One mental health provider per 922 population | One mental health provider per 740 population | |
| County Health Rankings: Poor Mental Health Days per Month | The average number of poor mental health days per Jefferson County adult resident is 3.9 days during the past month | | | | |
| Jefferson County Department of Health: Vital Events Database: Suicide Rate | 11.9 suicide deaths per 100,000 population | | Reduce suicide rate of 10.7 per 100,000 or less | Data expected in summer 2018 | |

Strategy 1. Increase the community and local public health system's access to information regarding mental wellness, mental health resources, diagnosis and treatment as measured through the tactics listed below by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|------------------------------|--|--|--|
| 1. Continue and expand electronically available information regarding mental health resources within Jefferson County | Number of visits to the Alabama Mental Health Resource Directory, the <u>Mental Health</u> <u>Resource Directory</u> and other electronically-available resources providing information regarding mental health resources Number of mental health providers listed in the referenced sources. | December 2014 and ongoing | United Way of Central Alabama 211 System, St. Vincent's Health System, Mental Health Roundtable, Noah's Ark Children's and Family Center, Addiction Prevention Coalition | resources in Jefferson County. UWCA updated its mental health resources through collaboration with the Mental Health Roundtable. A 2-1-1 text messaging service is available by texting "help" to 1-888-421-1266. The 2-1-1 Program provides an on-line chat service at | www.alabamamentalhealth.org. The Addiction Prevention Coalition maintains a resource directory |
| 2. Promote children's mental health by conducting children's mental health awareness events | Number of children's mental health events [Baseline: Two Children's Mental Health Day events were conducted in 2014] | Beginning May 2015 | | in the Fourth Annual Mental Health Awareness Conference: Taking the Masks Off: Help for the Caregiver on May 19,2017. Girls on the Run provided Life Skills and mental health wellness activities for 333 girls. The Mental Health Youth Council (MHYC) participated in the "Out of Darkness Walk" on November 4, 2016 where Text, Talk, Act cards were distributed to 500 | Completed and ongoing. The Jefferson County Mental Health Youth Council met with other groups to discuss mental issues faced by adolescents. Recruitment for the 2018-2019 Mental Health Youth Council was completed in October 2017. Schools throughout Jefferson County have committed to providing Mental Health First Aid training for staff to promote children's mental health. The Text, Talk, Act program is ongoing. The Crisis Center provides a Kid's Help Line for children and a Teen Link line. Children's of Alabama hosted the 2nd Annual Mental Health in Schools Conference on July 14, 2017. Girls on the Run provided Life Skills and mental health wellness activities for 260 additional girls during this review period. |

Strategy 1. Increase the community and local public health system's access to information regarding mental wellness, mental health resources, diagnosis and treatment as measured through the tactics listed below by November 2019. (continued)

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|---------------------------|---|--|---|
| 3. Promote mental health awareness by conducting Mental Health awareness events | Number of mental health events [Baseline: One Mental Health Day event was conducted in 2013] | Beginning October 2015 | Mental Health Goal Group, UAB, Creating Community Solutions, National Alliance on Mental Illness, No More Martyrs, St. Vincent's Health System, Samford University, Mike and Gillian Goodrich Foundation | health. The St. Vincent's Clergy Wellness Initiative offers a year-long wellness program promoting physical, emotional, mental and spiritual health among | Completed and ongoing. In advance of the 2017 "No More Martyrs Minority Mental Health Awareness Summit" in July, 2017 attended by 125 participants, a "Minority Health Awareness Month Kickoff Reception" was held on June 29, 2017 featuring a proclamation by Mayor William Bell. No More Martyrs further promoted mental health awareness through participation in the "Faith and Works Health and Wellness Fair" at Tabernacle Baptist Church on August 5, 2017, the "See Her Empowered Conference" on September 16, 2017, and a "Jack and Jill Mother's Work Day" on October 14, 2017. Children's of Alabama conducted the "Mental Health in Schools Conference" on July 14, 2017. St. Vincent's Clergy Wellness Program continued hosting mental health training for 35-40 members of the clergy in 2017. Samford University, in coordination with the Goodrich Foundation, hosted "Partnering for School Mental Health: The Power of Collective Impact" on October 12, 2017 highlighting local partnerships involved in innovative changes in school mental health. |
| 4. Develop campaigns related to mental health stigma | Campaigns including the number of social media, print and other media used and campaign reach | November 2016 | UAB No More Martyrs, Creating Community Solutions, Alabama Department of Mental Health, National Alliance on Mental Illness, Brother Let's Talk, Mental Health Youth Council | Completed. No More Martyrs held a "Blog Launch Party" to introduce its mental health blog. The Youth Mental Health Council created a Facebook page with group text features addressing mental health education and support services for youth. | Completed and ongoing. A new initiative, "Brother Let's Talk: Freedom from Violence" focused on men of color and on decreasing mental health stigma and improving stress management mechanisms, began on September 26, 2017. The "Brother Let's Talk" initiative provides monthly follow-ups. "Barber Shop" talks began in October 2017 to provide a safe space for discussing the mental health issues faced by men of color (www.brotherletstalk.com). The Mental Health Youth Council's Facebook page and group text features continued to be regularly updated. |
| 5. Complete and publish an update of resources available for those providing mental health leadership in Jefferson County | Mental Health Leadership Resource Inventory with publication date | November 2019 | United Way of Central Alabama, Alabama Department of Mental Health, Mental Health Provider Roundtable | Completed and ongoing. The Mental Health Roundtable's weekly e-mail provided information to mental health leaders on mental health resources and events. | Completed and ongoing. The Mental Health Roundtable continues to provide updated information on mental health resources for those providing mental health leadership through weekly email communication. The information contained within these emails informs existing mental health resource directories. |

Strategy 2. Increase the capacity of community health workers and lay leaders, such as parish or church nurses, educators and PTA representatives, etc., to recognize and address mental health concerns through the provision of training programs such as Mental Health First Aid by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 | | |
|---|---|--|---|--|---|--|--|
| 1. Provide Mental Health First Aid training to lay leaders to improve the identification and referral of individuals with potential mental health illness | Number of individuals completing Mental Health First Aid training Number of Mental First Aid training sessions Number of Mental Health First Aid trainers [Baseline: Jefferson County has three Mental Health First Aid trainers] | Ongoing through November 2019 to result in a 25% increase in the number of Mental Health First Aid trainers, sessions and attendees | | Completed and ongoing. No More Martyrs hosted five Mental Health First Aid training courses. St. Vincent's Certified Mental Health First Aid Instructor trained 24 additional individuals in Mental Health First Aid. Fifteen Jefferson County Committee for Economic Opportunity (JCCEO) Head Start mentors completed Mental Health First Aid training. The Mental Health Youth Council (MHYC) presented information on Mental Health First Aid and Text, Talk, Act in five Jefferson County school systems reaching over 600 youth. The MHYC met with Jefferson County School System representatives to discuss expanding access for students to Mental Health First Aid and Text, Talk, Act during the 2017-2018 school year. A Mental Health First Aid course was also held at Cooper Green Mercy Health Services. | Completed and ongoing. No More Martyrs hosted a Mental Health First Aid Training at UAB on July 10, 2017. St. Vincent's Health System provided four youth or adult-focused Mental Health First Aid training programs during summer 2017, including training for the Jefferson County Department of Health and the Jefferson County Family Court. The Mental Health Youth Council continued to provide technical assistance to local school administrators regarding implementing Text Talk Act program within local schools. | | |
| 2. Provide broad-based community education on available mental health resources | Number of educational outreach activities | Ongoing through November 2019 | Children's Policy Council, No More Martrys | Completed and ongoing. The University of Montevallo hosted a "Suicide & Grief" workshop on March 23, 2017. A mental health summit: "A Matter of Time: A Strategic Discussion for Solving Alabama's Mental Health Crisis" was held on January 19, 2017 and sponsored by the National Alliance on Mental Illness, the Alabama Council for Behavioral Healthcare and the Alabama Disabilities Advocacy Program. No More Martyrs hosted five "Sister Support Holiday Meetups" at Saint John AME Church, and a panel discussion entitled, "This Far by Faith: A Conversation on Mental Health Stigma in the Black Community" on February 23, 2017. | Completed and ongoing. The" Minority Health Awareness Month Kickoff Reception" was held on June 29, 2017 and featured a proclamation by Mayor William Bell. No More Martyrs further promoted mental health awareness and access to mental health services through participation in the "Faith and Works Health and Wellness Fair" at Tabernacle Baptist Church on August 5, 2017, the "See Her Empowered Conference" on September 16, 2017, and a "Jack and Jill Mother's Work Day" on October 14, 2017. | | |
| 3. Provide mental health training for the Birmingham Police Department | Number of training sessions provided and number of officers and employees trained | January 2015 through January 2017 | Blount St. Clair Mental | Completed. No additional mental health first aid training has been provided for the Birmingham Police Department; however, One Roof sponsored mental health training for thirteen participants from its Continuum of Care members. | Completed. No additional mental health first aid training has been provided for the Birmingham Police Department due to lack of funding. | | |
| 4. Offer school-focused, mental health-related training and technical assistance for the local educational systems | Number of educational opportunities Number of participants | November 2019 | Improve Mental Health Priority Group of the Health Action Partnership of Jefferson County, Mike and Gillian Goodrich Foundation, Samford University | Not Applicable. Tactic added after this review period. | Training and technical assistance on school-setting focused mental health was provided through the "2 nd Annual Mental Health in Schools Conference "on July 14, 2017, Infant and Early Childhood Mental Health webinars on September 11 and October 5, 2017, and "Partnering for School Mental Health: The Power of Collective Impact" on October 12, 2017. | | |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|--|---------------|---|--|---|
| 1. Improve services and treatment for non-seriously mentally ill individuals by reestablishing the Cooper Green Mercy Health Services' Behavioral Health Clinic | Date of Cooper Green Mercy Health Services' Behavioral Health Clinic re-establishment Number of patients receiving care through the Cooper Green Mercy Health Services' Behavioral Health Clinic on an annual basis | December 2015 | Cooper Green Mercy Health Services | Completed. The Cooper Green Mercy Health Services Behavioral Health experienced a 25.8% increase in the total number of patient in six months. A part-time psychiatrist provides care three days per week, and a full- time psychiatric nurse practitioner has been hired for the clinic. The clinic plans to hire a clinical social worker to support patient care. | Completed. Cooper Green Mercy Health Services' Behavioral Health experienced a significant increase in the number of patients treated, and these patients are being dually evaluated through the Primary Care Clinic at Cooper Green Mercy Health Services. To further support mental health care services, Cooper Green is recruiting a social worker. |
| 2. Provide direct mental health support for Jefferson County Department of Health (JCDH) patients through integration of mental health services into primary care clinics | Number of patients receiving mental health services through the Jefferson County Department of Health | November 2018 | Jefferson County Department of Health | It is anticipated that the Jefferson County Department of Health (JCDH) Mental Health Pharmacotherapy Clinic will be operational by Fall 2017. A psychiatric pharmacist from Samford University's McWhorter School of Pharmacy will assist JCDH with medication management. | The Jefferson County Department of Health contracted with Samford University to provide an onsite pharmacist dedicated to provide psychiatric pharmacotherapy services. Cooper Green Mercy Health Services implemented a psychiatric pharmacotherapy program. |
| 3. Increase the days and hours of access to mental health services | Documentation of new and expanded mental health services. Number of entities with mental health services provided after hours or on weekends | November 2016 | Jefferson Blount St. Clair Mental Health Authority, Cooper Green Behavioral Health Clinic, UAB Psychiatric Clinic for LGBTQ individuals, Children's of Alabama's Psychiatric Intake Response Center, Oasis Counseling Center, UAB Student Health, Health Action Partnership's Improve Mental Health Priority Group | Completed and ongoing. The Community Foundation of Greater Birmingham (CFGB) provided support for enhanced access to children's mental health services through its Request for Proposals process. In December 2016, CFGB awarded a grant to Impact Family Counseling to expand mental health services to at least 100 additional children by 2019. Eastside Mental Health Center received funding to establish a day treatment program within the Tarrant City School System for children with severe emotional disturbance. Oasis Counseling for Women and Children received funding to expand therapy services for children who have experienced trauma. The Psychiatric Intake Response Center at Children's of Alabama has launched to provide continuously accessible mental health referral services. South Highland Presbyterian Church's Mental Health Outreach Project expanded its programming from one day to two days per week. Project Access added psychiatric services. | Completed and ongoing. The Improve Mental Health Priority Group of the Health Action Partnership of Jefferson County engaged the Center for Health and Health Care in Schools to provide technical assistance for enhancing mental health in schools using nationally recognized, evidence-based models. Local schools provided an assessment of mental health needs. The Improve Mental Health Priority Group continued its collaboration with three Jefferson County school systems to sustainably improve comprehensive mental health supports. Three funders have been identified, and a plan developed to provide training, assessment and development. The training plan will be submitted to United Way of Central Alabama (UWCA) for funding support in November 2017. Children's of Alabama's Psychiatric Intake Response Center (PIRC) is scheduled to open in early Spring 2018. A director and medical provider have been hired to oversee the daily operations of the PIRC, with hiring and training of mental health personnel planned in October 2017. The Oasis Counseling Center received trauma-based intervention training and began providing trauma-based services in fall 2017. The Child Trafficking Solutions and Victim Recovery Program is ongoing and links victims to assistance through the Oasis Counseling Center. UAB Health Services added a full -time psychiatric nurse practitioner and a part-time psychiatris to provide mental health services through its student health program. |
| 4. Advocate for closing the Medicaid coverage gap in Alabama and educate the community on the benefits related to mental health. | | October 2016 | St. Vincent's Health System, Alabama Hospital Association, Alabama ARISE, Engage Alabama, Alabama's BEST Coalition, UAB Viva Health, Inc. | Completed. Organized efforts to close the Alabama Medicaid coverage gap have effectively ended. Efforts are now focused on defending the Affordable Care Act (ACA) from repeal and preserving the federal match funding program. | Completed. State-wide focus remained on maintaining |

| Strategy 3. Increase fund de | Strategy 3. Increase fund development, facilitation and coordination of mental health services by November 2019. (continued) | | | | | | | | |
|--|---|---------------|-----------------------------|---|---|--|--|--|--|
| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 | | | | |
| mental health in Jefferson County by 2% | Public Health funding for mental health in Jefferson County, including Housing and Urban Development (HUD) resources | November 2019 | Blount St. Clair Mental | Jefferson County: Oasis Counseling Center, Impact | The Alabama Department of Mental Health does not anticipate decreased funding for mental health services in Jefferson County for fiscal year 2018. Additional funding of \$177,000 is available for mental health support for the four Federally Qualified Health Centers in Jefferson County. | | | | |
| 6. Increase members serving on One Roof's Street Outreach Team from three to five | Number of members on the Street Outreach Team [Baseline: The Street Outreach Team has three members] | November 2019 | Veterans, Firehouse Shelter | Outreach staff. One Roof was also awarded funding to support one complete Street Outreach Team with four | Completed and ongoing. One Roof maintained two full- time street outreach workers and has funding to hire two additional outreach workers. One Roof's Street Outreach Teams will be fully operational with four full-time team members by early 2018. | | | | |
| 7. Pilot an evidence-based, national model to improve the mental health treatment provided by primary care physicians for non- severe mental illness | Documentation of the national model piloted Process and outcome data collected from the pilot implementation | November 2017 | | Completed . A licensed independent clinical social worker's time is currently divided between two clinics. The social worker provides therapy at no charge to Medicaid patients at the East Family Medicine Center and Hoover Primary Care Clinic. St. Vincent's continues to explore partnerships to enable the billing of Medicaid patients at the East Family Medicine Clinic without the clinic becoming a Medicaid provider. | Completed. St. Vincent's Health System has two clinics providing social work services, its Hoover and East Family Medicine Centers. These clinics refer patients to Christ Health Center for mental health services which can accept Medicaid patients for this care. | | | | |

| Data Source | Baseline Status | Short-Term Target | Long-Term Target | 2017 Status | 2018 Status |
|--|---|-------------------|---|---|-------------|
| County Health Rankings: Driving Deaths due to Alcohol Impairment | 16% of driving deaths in Jefferson County are due to alcohol impairment | | 15.2% of driving deaths in Jefferson County are due to alcohol impairment | 14% of driving deaths in Jefferson County are due to alcohol impairment | |
| Behavioral Risk Factor Surveillance Survey: Percentage of Population Reporting Binge Drinking | 12.2% of the Jefferson County adult population reporting binge drinking | | 11.6% or less of the Jefferson County adult population reports binge drinking | Data is not expected until summer 2018 | |
| Jefferson County Coroner's Office: Drug Overdose Deaths | 2013 Drug Overdose Deaths - 144 2013 Heroin Overdose Deaths - 68 2014 Heroin Drug Overdose Deaths through 10/16/14 - 94 | | Reduce drug overdose deaths by 10% to 130 deaths per year Reduce heroin overdose deaths by 25% based on 2014 deaths from heroin overdoses | Data is not expected until early 2018 | |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--|---|----------------------------------|--|--|--|
| 1 Promote substance abuse prevention through substance abuse prevention activities | Number of Substance Abuse Month events [Baseline: Jefferson County conducted no Substance Abuse Month events during 2014] | Ongoing through November 2019 | Alabama Department of Mental Health | Completed and ongoing. The film, "Chasing the Dragon: The Life of an Opiate Addict," was held on March 6, 2017. Samford University hosted a "Help Stop Heroin" public forum on February 27, 2017. The Addiction Prevention Coalition hosted six events at various locations within Jefferson County to promote substance abuse prevention. Television channel WVTM held a Facebook live discussion on the drug epidemic and family coping strategies. The Drug Enforcement Administration conducted the National Prescription Drug Take Back Day on April 29, 2017. | Completed and ongoing. An "End Addiction Birmingham Recovery Walk" was held on September 23, 2017 at Railroad Park in Birmingham. |
| | [Baseline: The Addiction | Ongoing through November 2019 | Addiction Prevention Coalition, Pills to Needles, US District Attorney's Office, WBHM, Select local, independent pharmacies, Aletheia House | Completed and ongoing. The Jefferson County Family Drug Court held an event, "Creating Change, Rebuilding Families and Strengthening Communities through Recovery" on March 3, 2017. The "End Heroin Walk" was conducted on February 25, 2017 where the Jefferson County Department of Health provided Naloxone Kits and information on Naloxone use. The "Help Stop Heroin" public forum was held on February 27, 2017 at Samford University. The Addiction Prevention Coalition sponsored a "Parent's Night Out" on November 15, 2016 with 125 participants during which the warning signs and symptoms of drug addiction were discussed. | Completed and ongoing. The Addiction Prevention Coalition (APC) hosted two "Wake Up Breakfasts" to increase awareness of and strategies for combatting drug and alcohol addiction. APC supports Code Red Chapters in twenty-one area high schools and middle schools to promote healthy conversation on the issues leading to drug and alcohol misuse. Aletheia House implemented a medication-assisted substance abuse clinic with five beds. |

Strategy 1. Increase community and local public health system's access to information regarding illicit drug use, substance abuse and abuse of prescription medications, as well as substance abuse prevention, diagnosis and treatment by November 2019. (continued)

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 | | | |
|--|--|---------------|---|--|---|--|--|--|
| 3. Provide technical assistance on the implementation of evidence- based substance abuse prevention interventions (ex. Life Skills) | Number of local and state-wide technical assistance offerings on implementation of evidence- based substance abuse prevention strategies [Baseline: Technical assistance is offered through quarterly statewide meetings provided by the Alabama Department of Mental Health] | | Mental Health, Children's Aid Society, Cooper Green Mercy Health Services | Mental Health continued to provide substance abuse prevention training for medical providers. Children's Aid Society offered parent education and in-home support including Life Skills through Project Independence and the Family Partners Program to prevent substance abuse. | training for the medical community. Children's Aid Society continued to provide the Life Skills Program in | | | |
| 4. Increase the number of Fellowship House Pre-treatment Education Classes provided at various community locations | Number of community locations for Pre-treatment Classes Number of Pre-treatment Classes Number of Pre-treatment Class participants | November 2019 | Fellowship House | 20-25 participants weekly. | The Fellowship House continued to provide pre- treatment classes three days per week. During this review period, 300 individuals attended pre-treatment classes at the Fellowship House. | | | |

Strategy 2. Decrease prescription drug availability for unintended use as a means to prevent illicit drug use initiation by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|-----------------------------------|--------------------------------|-------------------|-----------------------|---|---|
| | | | | | |
| 1. Provide continuously available | Number of police stations with | Ongoing beginning | Addiction Prevention | Completed and ongoing. No additional drug drop box | Completed and ongoing. Drug drop boxes are available in |
| drug drop boxes at Birmingham | medication and substance drop | November 2014 | Coalition, Birmingham | locations have been added since April 2016. The current | four police stations in Birmingham. The Addiction |
| Police Department stations for | boxes | | Police Department, US | drug drop boxes remain available. | Prevention Coalition is researching drug take back |
| community members to | | | Attorney's Office | | opportunities through potential partnerships with drug |
| appropriately dispose of | | | | | stores and other partners. The Addiction Prevention |
| medications and other substances | | | | | Coalition is working to increase the number of drop |
| associated with substance abuse | | | | | boxes available in the community. |
| | | | | | · |
| | | | | | |

Strategy 3. Enhance access to care for substance abuse disorders and integrate substance abuse disorder management as part of medical care by November 2019.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|---------------|--|---|--|
| 1. Convene groups to discuss ways to provide substance abuse | Percentage of Jefferson County | November 2016 | Jefferson County Department of Health | Completed and ongoing. The Crisis Center received approval to collaborate with the Jefferson County | Completed and ongoing. The Jefferson County Board of Health approved a resolution to provide funding through the Community Foundation of Greater Birmingham to |
| treatment | Indigent Care funding dedicated to substance abuse treatment [Baseline: Zero percent of the Jefferson County Indigent Care funding is dedicated exclusively to substance abuse treatment] | | | Department of Health, Cooper Green Mercy Health Services, UAB and other organizations to implement services at the Recovery Resource Center (RRC). The RRC will provide a centrally located center where individuals impacted by substance abuse can receive assessment, education, information and support throughout the treatment and recovery process. The Crisis Center will serve as the lead agency overseeing service provision at the RRC. Bradford Health Services hosted the Second Annual Alabama Adolescent and Young Adult Conference, "Emerging Issues in Substance Abuse," on May 3, 2017 for substance abuse providers. | the Community Foundation of Greater Birmingham to support the operation of the Resource Recovery Center (RRC). The RRC will be staffed with local mental health providers and is anticipated to open in early 2018. With three years of financial and technical assistance committed through the Department of Justice, the Jefferson County Department of Health will help support the RRC's Peer Navigation Initiative to reduce the number of opioid overdose deaths in Jefferson County. |

| C+ | E-based a second second second | f | | · | | care by November 2019. (continued) |
|-------------|--------------------------------|-------------------------|-------------------------|---------------------------|----------------------------|------------------------------------|
| Strategy 3. | Ennance access to care i | for substance abuse dis | orders and integrate su | ostance aduse disorder ma | nagement as part of medica | care by November 2019. (continued) |
| | | | | | | |

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|---|--|----------------------------------|---|--|---|
| 2. Promote parity of access for substance abuse treatment to that of other medical conditions | Wait time for access to substance abuse treatment | Ongoing through November 2019 | Alabama Department of Mental Health, Aletheia House, Recovery Organization of Support Services | The Aletheia House referral process continues to operate successfully. | The Aletheia House continued to receive referrals from multiple entities and to expand its services to meet community needs. Birmingham Fellowship House and Aletheia House provided walk-in assessments, prison assessments and hospital assessments. Recovery Organization of Support Services (ROSS) expanded access to addiction recovery support services through late evening and weekend community-based care. The Alabama Department of Mental Health was awarded a Substance Abuse and Mental Health Services Administration (SAMHSA) grant to fund a medication- assisted treatment clinic at Cooper Green Mercy Health Services for low-income and uninsured individuals with opioid addiction. |
| 3. Advocate for the closure of the Medicaid coverage gap, and educate the community on the benefits related to substance abuse | Document and literature distribution | November 2016 | Alabama Hospital | Completed and ongoing. Organized efforts to close the Alabama Medicaid coverage gap have effectively ended. Efforts are focused on defending the Affordable Care Act (ACA) against repeal and preserving the federal match funding program. | Completed and ongoing. State-wide focus remained on maintaining the Affordable Care Act (ACA) insurance coverage through at least 2018. Marketing funds for 2018 ACA insurance enrollment were cut, and the enrollment period was shortened. The Regional Care Organizations for Medicaid will not be occurring at this point. |
| 4. Increase the understanding of primary and specialty care providers addressing substance abuse regarding referrals to available resources through networking and education | Number of education and networking sessions Number of referrals made by primary care and specialty care providers to resources Distribution of a Substance Abuse Resource Directory | Ongoing through November 2019 | Jefferson County Department of Health to convene meetings, Aletheia House, Fellowship House, Alcohol and Drug Abuse Treatment Centers, Pills to Needles initiative, Alabama Department of Public Health | Completed and ongoing. ALR Sober, LLC and Bradford Health Services co-hosted an educational program for health care providers, "The Pathway to Recovery." Children's of Alabama sponsored an Adolescent Substance Abuse Prevention, Education and Support event on March 31, 2017. | Completed and ongoing. The Alabama Department of Mental Health received a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to fund a medication-assisted treatment clinic at Cooper Green Mercy Health Services for low- income and uninsured individuals with opioid addiction. |
| 5. Pilot a program for substance abusing pregnant women for screening and referral for substance abuse treatment (Example: Screening, Brief Interventions, and Referral to treatment for Substance Use Problems) | Identification of a pilot program for screening and referral of substance abusing pregnant women Number of participants in the pilot program Process and outcome measures associated with the pilot program | November 2015 | Aletheia House, St. Vincent's Health System, Alabama Department of Public Health | Completed and ongoing. Referral of substance-abusing pregnant women and the mothers of infants delivered at area hospitals with Neonatal Abstinence Syndrome to the Aletheia House for substance abuse intervention continues. | Completed and ongoing. The Aletheia House's Women's Hope Program operated sixteen beds and accepted referrals from across Alabama through the court system and the Alabama Department of Human Resources for maintaining sobriety among pregnant women and new mothers. Olivia's House continued to provide housing for substance abusing women and their children while treatment and services are received. The UAB Department of Psychiatry's Treatment Alternatives for Safer Communities (TASC) received a grant from the Health and Human Services Department for implementation of the UAB Comprehensive Center for Addiction in Pregnancy (UAB-CCAP). |
| 6. Create or facilitate the capacity to offer information and navigation services to Jefferson County residents in need of substance abuse treatment | Number of residents receiving education and treatment referral services | March 2018 | "Pills to Needles" Steering Committee, Jefferson County Department of Health, Crisis Center, Community Foundation of Greater Birmingham | The Recovery Resource Center (RRC), coordinated by the Crisis Center, will oversee the assessment, support, health education, and treatment coordination of eligible substance abuse treatment participants. Planning and contracting for the RRC continued during this reporting period. | The Resource Recovery Center (RRC) is slated to open in early 2018. The Jefferson County Department of Health received funding from the Department of Justice (DOJ) to enhance the work of the Recovery Resource Center's Peer Navigation Initiative. The financial and technical assistance provided through the DOJ will enhance the ongoing effort to prevent overdose-related deaths in Jefferson County. |

Goal 3. Decrease the number of opioid-related drug overdose deaths by 5%.

Strategy 1: Enact legislation to enable Alabama-licensed physicians, dentists and pharmacists to dispense an opioid antagonist to individuals at risk of experiencing an opiate-related overdose or to a family member, friend of other individual, including law enforcement, in a position to assist an individual at risk of experiencing an opiate-related overdose.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 | | | |
|--|---------------------------------|--|-----------------------------|---|--|--|--|--|
| | | | | | | | | |
| 1. Draft proposed language for legislation providing Naloxone access to first responders | 0 | Prior to the 2015 Legislative Session | | | Completed. The bill was signed into law by Governor Robert Bentley on June 4, 2015. | | | |
| 1 | | | | | | | | |
| 2. Educate legislators on the need | Documentation of discussions of | Prior to the end of the | Pills to Needles initiative | Completed. Additionally, Alabama House Bill 455, the | Completed. In addition, a bill has been pre-filed for the | | | |
| for the proposed legislation | the proposed legislation with | 2015 Legislative | | Infectious Disease Elimination Act, designed to authorize | 2018 Alabama Legislative Session to authorize a pilot | | | |
| providing Naloxone access to first | Alabama lawmakers | Session | | a pilot syringe service passed the Senate Health | syringe exchange service. | | | |
| responders | | | | Committee, but was not voted on by the House of | | | | |
| | | | | Representatives during the 2017 Alabama Legislative | | | | |
| | | | | Session. | | | | |

Strategy 2: Implement processes to educate individuals at risk of experiencing an opiate-related overdose and others, including law enforcement, in a position to assist an individual at risk of experiencing an opiate-related overdose and others, including law enforcement, in a position to assist an individual at risk of experiencing an opiate-related overdose on the appropriate use of opioid antagonists.

| Tactics/Activities | Performance Measures | Target Date | Lead Partner(s) | November 2016 - April 2017 | May 2017 - October 2017 |
|--------------------|--|-------------------|--|---|--|
| , | Performance Measures Clinic protocol Number of clinic appointments Number of prescriptions and/or medications provided | November 2015 and | Jefferson County Department of Health | November 2016 - April 2017 Completed and ongoing. More than 100 individuals received Naloxone Kits and education for using the medication to reduce the risk of death from an opioid overdose through the Jefferson County Department of Health's Naloxone Clinic and three community-focused events. | May 2017 - October 2017 Completed and ongoing. The Jefferson County Department of Health continued to provide Naloxone kits through community events, including the "End Addiction Birmingham Recovery Walk' on September 23, 2017 and "La Fiesta" on September 30, 2017, and at its Naloxone Clinic. The Alabama Department of Mental |
| | | | | events. | Health received Naloxone kits though the 21st Century Cures Act and is coordinating distribution of these kits with the Alabama Department of Public Health. Through the 21st Century Cures Act, Naloxone kits will be distributed to individuals in addiction treatment centers. |