BOARD OF HEALTH RESOLUTION

Addressing Heroin and Prescription Opioid Drug Overdoses And Authorizing Purchase and Distribution of Opioid Antagonists

WHEREAS, the Board of Health on September 10, 2014 passed the attached resolution addressing the heroin and prescription opioid addiction and overdoses;

WHEREAS, June 5, 2015 Alabama Code 1975, § 20-2-280 through 282, as amended 2015 (the "Act"), attached, became law in Alabama addressing opioid antagonist administration, who may offer drugs or treatment, requirements and safeguards, immunity for companions seeking help and training for law enforcement;

WHEREAS, the Board of Health on January 13, 2016 passed the attached resolution authorizing standing orders for Naloxone at Jefferson County pharmacies;

WHEREAS, the public health need for distribution of opioid antagonists to prevent deaths continues:

BE IT RESOLVED that Jefferson County Department of Health is authorized to purchase opioid antagonist for distribution in Jefferson County at no cost to individuals at risk of experiencing an opioid-related overdose, or to a family member, friend, or other individuals, including law enforcement, in a position to assist an individual at risk of experiencing an opioid-related overdose.

Jennifer R. Dollar, M.D., Chair Jefferson County Board of Health

Jefferson County Board of Health September 10, 2014

BOARD OF HEALTH RESOLUTION

Addressing the Heroin and Prescription Opioid Drug Addiction and Overdoses

WHEREAS, there were 58 deaths from heroin overdose in Jefferson County in 2012 and 58 deaths again in 2013, up from a baseline of 13 in 2008 (1);

WHEREAS, drug overdose death rates in the United States have been rising steadily since 1992; the majority of these are accidental and the majority of these involve opioids (2);

WHEREAS, there are nearly 15,000 deaths per year in the United States confirmed to be the result of overdoses involving prescription opioids (2);

WHEREAS, in 2010, 1 in 20 people in the United States (age 12 or older) reported using prescription painkillers for nonmedical reasons in the past year (2);

WHEREAS, drug overdose was the leading cause of injury death in 2011, and among people 25 to 64 years old, drug overdose caused more deaths than motor vehicle crashes (3);

WHEREAS, several public health, medical, and public policy organizations, including the American Public Health Association, the National Association of County and City Health Officials, the American Medical Association, the American Society of Addiction Medicine, the Substance Abuse and Mental Health Services Administration, and the Harm Reduction Coalition, have recommended wider distribution of naloxone for reversal of suspected opioid overdoses (4) (5) (6) (7) (8) (9);

WHEREAS, twenty-four states and the District of Columbia have amended their laws to make it easier for medical professionals to prescribe and dispense naloxone, and for lay administrators to use it without fear of legal repercussions (10);

WHEREAS, there is evidence that equipping law enforcement first responders with naloxone has resulted in a significant number of opioid overdose reversals and reductions in overdose death rates in some areas (11);

WHEREAS, as of 2010, a total of 188 United States programs distributing naloxone to laypersons reported training 53,032 persons and recording 10,171 drug overdose reversals (12);

WHEREAS, twenty-one states and the District of Columbia have enacted some form of a law giving immunity to individuals who call 911 in an overdose situation (13);

WHEREAS, the United States Conference of Mayors supports the continued establishment of emergency "Good Samaritan" policies to encourage individuals to call 911 in the case of an overdose, without fear of prosecution (14);

WHEREAS, a community strategic planning process to address the local heroin overdose epidemic is underway, initiated by the U.S. Attorney's Office of the Northern District of Alabama, and assisted by the Jefferson County Health Officer and the Dean of the UAB School of Public Health, and includes the following five strategic priority areas: Public Awareness, Medical Community Engagement, Effective Research and Policy, Law Enforcement Partnership, and Access to Resources (15) (16) (17) (18);

NOW, THEREFORE, BE IT RESOLVED, that the Jefferson County Board of Health encourages the following community efforts to combat the epidemic of deaths and other adverse health outcomes related to heroin and prescription opioid abuse and addiction:

- 1) Conduct a public awareness campaign on the seriousness and widespread nature of the current epidemic of heroin and prescription opioid addiction and overdoses.
- 2) Expand efforts to educate prescribers on appropriate prescribing of opioids, the risks of addiction and diversion, ways to safeguard against addiction, ways to recognize addiction, and ways to avoid diversion, including use of the Alabama Prescription Drug Monitoring Database (PDMP).
- 3) Educate patients and families of patients, as well as the general public, on the risks of opioid abuse and addiction and the risks of inadvertent prescription opioid diversion, as well as measures to help prevent these problems.
- 4) Increase access to secure drug take-back sites (drop boxes) year-round, to lower the risk of inadvertent diversion of opioids and other controlled substances.
- 5) Enact policy change that would allow more first responders, including local law enforcement, to be equipped with naloxone and properly trained to use it for reversal of suspected heroin or other opioid overdose.
- 6) Evaluation by policymakers of the risk vs. benefit of opioid overdose prevention programs that emphasize broader distribution of naloxone to properly trained laypersons who may be in a position to provide first aid to a suspected opioid overdose victim.
- 7) Implementation of policy change that would provide immunity from arrest or prosecution, with certain restrictions, for "Good Samaritans" who call 911 for a suspected overdose situation.
- 8) Involve the medical prescriber community in problem solving to help prevent and reduce the risk of addiction and its consequences.
- 9) Increase availability and address barriers to access of effective drug rehabilitation programs including evidence-based opioid replacement treatments.
- 10) Endorse local or state efforts to increase research toward finding more effective ways to prevent and treat addiction.

References:

- (1) Jefferson County Coroner's Office
- (2) Centers for Disease Control and Prevention. "Vital Signs", November 2011.
- (3) Centers for Disease Control and Prevention. Wide-ranging OnLine Data for Epidemiologic Research (WONDER) [online]. (2014) Available from URL: http://wonder.cdc.gov/mortsql.html
- (4) APHA Policy: Reducing Opioid Overdose through Education and Naloxone Distribution. Policy Date: 11/5/2013. Policy Number: 20133. Available from URL: http://www.apha.org/advocacy/policy/policysearch/default.htm?id=1449
- (5) National Association of County and City Health Officials. Record of Action Proposed by NACCHO Injury and Violence Prevention Workgroup, Approved by NACCHO Board of Directors on July 8, 2014. Available from URL: http://www.naccho.org/advocacy/positions/upload/14-04-Rx-Drug-Epidemic.pdf
- (6) American Medical Association. AMA Statement on Naloxone Product Approval. April 7, 2014. Available from URL: http://www.ama-assn.org/ama/pub/news/news/2014/2014-04-07-naxolene-product-approval.page
- (7) http://www.asam.org/advocacy/find-a-policy-statement/view-policy-statement/public-policy-statement/view-policy-statement/public-policy-statement/public-policy-statement/view-policy-statement/public-policy-statement/public-policy-statement/view-policy-statement/public-policy-statement/public-policy-statement/statement/public-policy-statement/public-policy-statement/public-policy-statement/public-policy-statement/public-policy-statement/public-policy-statement/public-policy-statement/statement/public-policy-statement/s
- (8) Substance Abuse and Mental Health Services Administration (SAMHSA). Opioid Overdose Toolkit. August, 2013.
- (9) Harm Reduction Coalition. "Harm Reduction Coalition Applauds Release of SAMHSA Overdose Prevention Toolkit." Available from URL: http://harmreduction.org/overdose-prevention/harm-reduction-coalition-applauds-release-of-samhsa-overdose-prevention-toolkit/
- (10) The Network for Public Health Laws. Legal Interventions to Reduce Overdose Mortality: Naloxone Access and Overdose Good Samaritan Laws [online]. May, 2014. Available from URL: https://www.networkforphl.org/ asset/qz5pyn/network-naloxone.pdf
- (11) New York Times. "Anti-Overdose Drug Becoming an Everyday Part of Police Work" June 12, 2014. Available from URL: http://www.nytimes.com/2014/06/13/nyregion/anti-overdose-drug-becoming-aneveryday-part-of-police-work.html? r=0
- (12) Centers for Disease Control and Prevention (CDC). Community-based opioid overdose prevention programs providing naloxone United States, 2010. MMWR Morbidity and Mortality Weekly Report 2012; 61(6):101–105.
- (13) National Conference of State Legislators. Drug Overdose Immunity "Good Samaritan" Laws. August 25, 2014. Available from URL: http://www.ncsl.org/research/civil-and-criminal-justice/drug-overdose-immunity-good-samaritan-laws.aspx

- (14) The United States Conference of Mayors: Children, Health and Human Services Committee. "Saving Lives through Overdose Prevention." June, 2014. Available from URL: http://www.usmayors.org/82ndAnnualMeeting/media/resolutions-final.pdf
- (15) AL.com. "Community action needed as heroin deaths rapidly climb" (Opinion from Joyce Vance). September 22, 2013.
- (16) AL.com. "Heroin Epidemic in Birmingham" (Opinion by Mark E. Wilson, MD). June 2, 2014.
- (17) AL.com. "Spike in 'needle-in-the-arm deaths' prompts heroin summit in Birmingham" by Carol Robinson. May 30, 2014.
- (18) Pills to Needles -The Pathway to Rising Heroin Deaths: A Community Alert and Call to Action [online]. June 10, 2014. Available from URL: http://www.justice.gov/usao/aln/Linked%20Documents/Pills%20To%20Needles%20summit%20advance.pdf

Code of Ala. § 20-2-280

Current with amendments, enactments, and repeals through the end of the 2015 Regular and First Special Sessions (Acts 2015, No. 15-534) and with amendments through the end of the Second Special Session (Acts 2015, Nos. 15-553)

<u>Michie's™ Alabama Code</u> > <u>TITLE 20 Food, Drugs, and Cosmetics</u> > <u>CHAPTER 2 Controlled</u> <u>Substances</u> > <u>Article 13 Opioid Antagonist Administration</u>

§ 20-2-280. Who may offer drugs or treatment; requirements and safeguards.

- (a) For the purposes of this section, "opioid antagonist" means naloxone hydrocholoride or other similarly acting drug that is approved by the federal Food and Drug Administration for the treatment of an opioid overdose.
- (b) A physician licensed under Article 3, Chapter 24, Title 34, Code of Alabama 1975, or dentist licensed under Chapter 9, Title 34, Code of Alabama 1975, acting in good faith may directly or by standing order prescribe, and a pharmacist licensed under Chapter 23, Title 34, Code of Alabama 1975, may dispense, an opioid antagonist to either of the following:
 - (1) An individual at risk of experiencing an opiate-related overdose.
 - (2) A family member, friend, or other individual, including law enforcement, in a position to assist an individual at risk of experiencing an opiate-related overdose.
- (c) As an indicator of good faith, the physician or dentist, prior to prescribing an opioid antagonist under this section, may require receipt of a written communication that provides a factual basis for a reasonable conclusion as to either of the following:
 - (1) The individual seeking the opioid antagonist is at risk of experiencing an opiate-related overdose.
 - (2) The individual other than the individual at risk of experiencing an opiate-related overdose and who is seeking the opioid antagonist is in relation to the individual at risk of experiencing an opiate-related overdose as a family member, friend, or otherwise in the position to assist the individual.
- (d) An individual who receives an opioid antagonist that was prescribed pursuant to subsection (b) may administer an opioid antagonist to another individual if he or she has a good faith belief that the other individual is experiencing an opiate-related overdose and he or she exercises reasonable care in administering the opioid antagonist. Evidence of exercising reasonable care in administering the opioid antagonist shall include the receipt of basic instruction and information on how to administer the opioid antagonist.
- (e) All of the following individuals are immune from any civil or criminal liability for actions authorized under this article:
 - (1) A physician or dentist who prescribes an opioid antagonist pursuant to subsection (b) and who has no managerial authority over the individuals administering the opioid antagonist.
 - (2) A individual who administers an opioid antagonist pursuant to subsection (d).
 - (3) A pharmacist who dispenses an opioid antagonist pursuant to subsection (b).

History

Annotations

Notes

Effective dates.

Acts 2015, No. 15-364, effective June 5, 2015.

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Code of Ala. § 20-2-281

Current with amendments, enactments, and repeals through the end of the 2015 Regular and First Special Sessions (Acts 2015, No. 15-534) and with amendments through the end of the Second Special Session (Acts 2015, Nos. 15-553)

Michie's™ Alabama Code > TITLE 20 Food, Drugs, and Cosmetics > CHAPTER 2 Controlled Substances > Article 13 Opioid Antagonist Administration

§ 20-2-281. Immunity for companions seeking help.

- (a) Notwithstanding any other law to the contrary, an individual under 21 years of age may not be prosecuted for the possession or consumption of alcoholic beverages if law enforcement, including campus safety police, became aware of the possession or consumption of alcohol solely because the individual was seeking medical assistance for another individual under this article.
- **(b)** Excluding <u>Section 32-5A-191</u>, <u>Code of Alabama 1975</u>, an individual may not be prosecuted for a misdemeanor controlled substance offense if law enforcement became aware of the offense solely because the individual was seeking medical assistance for another individual under this article.
- (c) This section shall apply if, when seeking medical assistance on behalf of another, the individual did all of the following:
 - (1) Acted in good faith, upon a reasonable belief that he or she was the first to call for assistance.
 - (2) Used his or her own name when contacting authorities.
 - (3) Remained with the individual needing medical assistance until help arrived.

History

Acts 2015, No. 15-364, § 2, June 5, 2015.

Annotations

Notes

Effective dates.

Acts 2015, No. 15-364, effective June 5, 2015.

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Code of Ala. § 20-2-282

Current with amendments, enactments, and repeals through the end of the 2015 Regular and First Special Sessions (Acts 2015, No. 15-534) and with amendments through the end of the Second Special Session (Acts 2015, Nos. 15-553)

<u>Michie's™ Alabama Code</u> > <u>TITLE 20 Food, Drugs, and Cosmetics</u> > <u>CHAPTER 2 Controlled</u> <u>Substances</u> > <u>Article 13 Opioid Antagonist Administration</u>

§ 20-2-282. Law enforcement officer training.

On or before January 1, 2016, the Alabama Department of Public Health shall approve a specific training curriculum for completion by law enforcement officers who elect to carry and administer opioid antagonists.

History

Acts 2015, No. 15-364, § 3, June 5, 2015.

Annotations

Notes

Effective dates.

Acts 2015, No. 15-364, effective June 5, 2015.

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RESOLUTION

Authorizing Standing Orders for Naloxone at Jefferson County Pharmacies

WHEREAS, there were 137 confirmed deaths from heroin overdose in Jefferson County in 2014, up from a baseline of 13 in 2008 (1);

WHEREAS, there were 80 confirmed deaths from prescription opioid overdose in Jefferson County in 2014 (1);

WHEREAS, the number of deaths from all opioids including heroin exceeded the number of other accidental deaths or gun-related deaths in Jefferson County in 2014 (1);

WHEREAS, a growing number of overdose deaths from opioids in 2015 involved illegally-produced fentanyl, which is even more potent than heroin (1);

WHEREAS, it is well documented nationally that distribution of naloxone to laypersons is an effective public health strategy for reducing overdose deaths (2);

BE IT RESOLVED that the Health Officer of the Jefferson County Department of Health, under Alabama Code 1975, § 20-2-280 through 282, as amended 2015 (the "Act"), and in an effort to reduce the number of opioid-related overdose deaths in Jefferson County, Alabama, is authorized to issue standing orders under said Act and written protocol to licensed pharmacists in Jefferson County to dispense an opioid antagonist to individuals at risk of experiencing an opioid-related overdose, or to a family member, friend, or other individual, including law enforcement, in a position to assist an individual at risk of experiencing an opioid-related overdose.

References:

- (1) Jefferson County Coroner's Office
- (2) Centers for Disease Control and Prevention (CDC). Community-based opioid overdose prevention programs providing naloxone United States, 2010. MMWR Morbidity and Mortality Weekly Report 2012; 61(6):101–105.